



We Serve

BULLETIN



PRESIDENT Paul Ripley
SECRETARY Wendy Ripley
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TREASURER Rob Garratt

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Members who fail to request a meal by
7.00pm Sunday might not get a meal

PRESIDENT'S REPORT

LION PAUL RIPLEY

FULL STEAM AHEAD

As the weather warms up in October, so do our projects within the three VPs' portfolios. It's good to see our newest members getting involved with projects, but we will require more participation from all our members as we progress towards the end of the year. Read the VPs' reports regarding what is happening within the club and consult the diary for future events.



It's good to hear that those members and their partners that have recently been unwell are now on the road to recovery.

Thanks to Eleanor Britton, the guest speaker from Peel Health Hub, who talked about a variety of health services for the youth that is available under the one roof. It is supported by the local, state and federal governments and is an innovative service within the Peel region.

Last month, Wendy and I managed our first Lions Swap Meet at Halls Head. Murray Love, the head man for the swap meets, came down to observe how we functioned. He was satisfied with our performance, especially at the way we coped with the woman that fell and required a St John ambulance. This is the first time this has occurred at a Halls Head Swap Meet and I guess we were just lucky it happened on our watch!!! It's a long day but the rewards are worth it. As I stated last Bulletin, the Lions Swap Meet plus cooking for Madsar will ensure that this will be one of our biggest earners for the club.

The Christmas Cakes and Puddings have arrived and are ready for sale around Mandurah from November up to Christmas. I have booked Mandurah Forum and Bunnings Greenfields as

well as distributing forms to the local retirement villages as this proved to be very successful last year. Other venues will be left up to the person in charge of this project.

The Santa Project has commenced and I have successfully procured 16 clients that require Santa Hire this year. A list has been circulated to see who wants to fulfil the role as Santa. Remember you must have a "Working With Children" card as this is a government requirement. Also, five venues throughout Mandurah have been supplied with Christmas Eve Delivery forms.

During this month several members attended the District Convention hosted by the Armadale Kelmscott club, as well as attending Annual General Meetings at various Lions Foundations.

Quote for the month

"Mankind is divided into three classes; those that are immovable, those that are movable, and those that move."

Remember work safely, work smarter not harder and have fun. See you next meeting.

Paul Ripley, President.

Santa's Required



In particular the male members of our club.

President Paul went round the child care centres, SAAC and the Discount Chemist.

We are slowly getting responses from our usual customers, and a sheet has been formulated to co-ordinate the Santa visits and sent to members.

Can you please let me know when you are available or aren't available, to play Santa.

We have 16 definite bookings so far and we anticipate no more than this in total.

The first booking is for Saturday 30th November unless someone comes in before then.

DATES FOR YOUR DIARIES

BBQS FROM NOW UNTIL THE AUSTRALIAN DAY BREAKFAST

17/11/19	Mandurah Arts Festival
21/11/19	Rotary Golf Day BBQ – Halls Head Country Club
01/12/19	BBQ & Car Park Management – Centro Halls Head
06/12/19	Christmas Pageant BBQ – Eastern Foreshore
08/12/19	Madsar BBQ & Car Park Management – Centro Halls Head
13/12/19	Treasured Tots 52 Scholl Street Mandurah 5pm
20/12/19	Goodstart Meadow Springs 19 Pebble Beach Bvd Meadow Springs 5pm
26/01/19	Australia Day BBQ – Eastern Foreshore

CHRISTMAS CAKE and RAFFLE ROSTER

BUNNINGS GREENFIELDS 10:00am to 2:00pm

NOVEMBER

7th Nov -10th Nov

14th Nov - 17th Nov

22nd Nov - 24th Nov

28th Nov - 30th Nov

DECEMBER

1st Dec

5th Dec & 7th Dec

19th Dec - 22nd Dec

MANDURAH FORUM 9:00am to 5:30pm

9th Dec-15th Dec

RELAY FOR LIFE

Relay For Life is a chance for communities to recognise and celebrate those who have overcome cancer or are undergoing treatment, as well as the people who care for them. Relay also provides an opportunity to celebrate the memory of loved ones lost to cancer.

THANKYOU TO ALL

A huge "THANK YOU" to those who made it down to cook breakfast this morning for the "Relay For Life", bacon and egg burgers were cooked and served for over 400 people. Thanks, especially, to those friends and extra volunteers that came along and helped out, we could not have done it without you.



Left - LIONS AND FRIENDS hard at work on a busy day cooking for participants in the Relay For Life

1st VICE PRESIDENT'S REPORT

LION BROOK ARELETTE

Paper Recycling has been busy again with four pallets taken this week. Again thanks to the Elves that drop them into the shed for us, its very much appreciated.

Lions Mints and **Glasses Recycling** are being well catered for by Lions Dick Ingle and Don McCarroll, thanks men, you boys go about this work with a minimum of fuss, great effort.

Bed Linen is still available to charity organisations, if any members know of any organisation that would benefit from this, please give myself, Lion Helen Lamb or PDG Peter Lamb a call



Christmas Cakes

CAKES HAVE ARRIVED SO IT WILL BE ALL HANDS ON DECK

FIRST WEEK AT BUNNINGS, GREENFIELDS 7TH NOV TO THE 10TH NOV



NOTE - To all the club members.
1st VP Brook is asking members please do not to take cakes from the shed without giving either PDG Peter Lamb or himself notice. If club members are wanting cakes they can collect these on any meeting day at the shed, Brook will be available for 15 minutes each Tuesday evening before our meeting to distribute cakes and log these. It is imperative we run this way to ensure correct invoicing and collection of money. Your understanding and patience with this matter would be greatly appreciated.

A Project book has been placed in the recycle shed, this is for all persons that enter the shed for any type of work to please log their name and date/time you are in there please. This is to comply with insurance regulations and would appreciate your cooperation in filling this out please.



2ND VICE PRESIDENT'S REPORT LION DES McLEAN MBE



Book Awards - Lion Joyce Covell has these in hand and I was fortunate enough to make the presentation at the Baptist College in Lakelands on the 16th Oct 2019. The Students and the Teachers put on a wonderful, professional show one that I thoroughly enjoyed and I recommend putting your name down to make a presentation, we have a few schools to do.

Flame of Remembrance - We are still waiting for the estimate of costs from The City of Mandurah and until such time as it's received, no further progress can be achieved. We have a few options in sourcing the funds so, I don't think we will have too many problems getting these funds, once we finally know how much we require.

Children of Courage – Two entrants have been received, forms have been given to them. Once we receive them back, they will then be submitted.

Tyson Williams is still under review in Fiona Stanley Hospital. Lion Joyce Covell and I went to Fiona Stanley Hospital to visit him, where he had just finished his Physio session and by all accounts, is all going well. I took him two tubs of mulberries which he loves. and his comment to me was "I will give the second one to the Physio ". Im guessing she's a lady?? I then produced Lion Brook's card and told him of Brook's kind offer, his face lit up the whole room. Thanks Brook, but this is what Lions do best.

Visit to see Tyson Williams



Lions Des Mclean MBE and Joyce Covell visiting Tyson Williams in Fiona Stanley Hospital where he is undergoing tests on his leg, prior to his operation .



3RD VICE PRESIDENT'S REPORT LION JOHN OSBORNE

Christmas Pageant date is Friday 6th December, venue changed to near "Cicerello's".

Key's for front door, President Paul has a Master Key in case of an emergency. There is a new access code for the front door pad, alarm and security key box. There is another lock box at the rear of the premises adjacent to the old gas bottle storage frame for key access to the sheds. *Strictly for club members use only.*

Storage Container

Motion: Moved J. Osborne/G. Madigan that the price of a 20ft Sea Container be investigated and also seek approval from the City of Mandurah that the purchase complies with the clubs Lease.

Since the last bulletin report I have made enquiries into the purchase of a 20 foot Sea

container. The Barragup source is unavailable and therefore we are left with having to deal with suppliers in Fremantle. We can have a refurbished and painted container delivered to site for \$2,700 or a recently out of service container for \$2,270. The estimated cost of the project is now in the order of \$8,500.

An application for Development Approval has been lodged with the City of Mandurah. Included in the submission is a request for the exemption of fee



Above Proposed location of
Sea Container highlighted blue

LIONS EYE HEALTH PROGRAM CHILDREN'S VISION SCREENING.

At the October Board Meeting, a motion was passed that the club investigate the Lions Eye Health Program for screening of children's vision in the Mandurah area. The minutes of the Board Meeting were ratified at the Dinner Meeting on the 22nd October.

Our President placed the responsibility for the investigation under the portfolio of the Third Vice President, John Osborne.

Subsequently, the Third VP has asked that I organise a committee to carry out this investigation and report back to club members.

Some preliminary work has been done to determine what would be entailed in our club becoming involved in providing such a service to our Mandurah community.

There is much information available on the LEHP website as well as advice gained by President Paul and other members when attending the recent District Convention.

Club members were circularised seeking those interested in attending a committee meeting on Friday 1st November.

Those who attended were Rob Garratt, Wendy Ripley, John Osborne and Graham Bateman.

As eye disorders are one of the most common long-term health conditions suffered by children with 1 in 5 Australian children having an undetected vision problem, members attending that meeting all agreed that this program is one that the club could and probably should offer through the 16 or so schools in the Mandurah area.

The Lions Club of Falcon may be interested in servicing some of these schools but the majority are domiciled within what we would regard as our area of responsibility. We are yet to hold discussions with the Falcon club to determine their intentions.

It is envisaged that we would initially propose to screen children in the second year of primary school on an annual basis. Each of the schools has approximately 50 children in that age group. Our preference would be to conduct as much of this screening during that part of the year when our commitment to other projects is reduced, i.e. the winter months. However, this would also need to be amenable to the schools.

The program is well organised with pro-forma letters covering all aspects of required consents and reporting available for participating clubs.

Lions members, who are prepared to become involved in the screenings, are required to undergo training in three parts:

1. Online component
2. Hands on training in the use of equipment.
3. A practical session under the guidance of a trained facilitator at a school.

The training is free.

On completion, participants will receive a certificate of competency which qualifies them as a facilitator enabling them to conduct screenings.

The screenings performed under this program are:

1. Visual Acuity- using a Lea 3m- 15 line Symbol Chart
2. Colour Vision – using a Quick 6 – Basic Colour Screening Book
3. Depth Perception – using a Stereo Fly Screening Tool.
4. Spot Vision Screener – designed to screen for the following common vision problems.
 - Myopia (near sightedness)
 - Hyperopia (far sightedness)
 - Astigmatism (blurred vision)
 - Anisometropia (unequal refractive power)
 - Strabismus (eye misalignment)
 - Anisocoria (unequal pupil size)

We are told that the screenings take only 2-3 minutes per child.

Screening is not a diagnosis but an indication that one of these conditions may be present and if so a complete eye examination by an eye health professional is strongly recommended.

There is a 9 step procedure set out for clubs wishing to participate in this program. The full procedure is available on the LEHP website.

The first step in that procedure is to have members train as screening facilitators.

The second step is to make contact with schools to establish whether they currently have a vision screening program in place.

The number of Lions Eye Health Program screening devices, available for use by the clubs in Western Australia, is quite limited, resulting in some clubs forming small groups to purchase individual screening devices for the use of the clubs in their group.

The cost of these screeners is approximately \$8300-\$8400

In considering the number of schools that we would potentially service, committee members believe that the Lions Club of Mandurah should seek to purchase our own unit if members endorse the adoption of this project.

It is proposed that funding for such a purchase would be sought from available grants and/or donations from benefactors.

There would be other costs associated with the production of a large number of letters and purchase of promotional material estimated at being of the order of \$500 per year, with actual costs determined according to the number of children screened each year.

This is an opportunity to promote our club with an ongoing service commitment to the eye health of the children in our community.

Lion Graham Bateman

CHEAP AND DODGY SHOW

For those members and partners that have booked to attend the Christmas Extravaganza being performed at MPAC and known as “The Cheap and Dodgy Birthday Bash”, are booked in for the Matinee, 2pm Sunday 8th December,

LIONS MULTIPLE DISTRICT 201 CONVENTION ADELAIDE 15-18 MAY 2020

From The Committee

Come and join us in Adelaide for the 2020 Lions Multiple District **Vision for the Future** Convention, May 15th to 18th.

Your hosts will be Lions from MD 201, Districts C1 and C2.

The convention venue will be the spacious Adelaide Showgrounds with a Gala Dinner at the recently renovated William Magarey function room at Adelaide Oval.



Lions Hearing Dogs Project

News Release

Posted on the 2nd Oct 2019 by Rob Oerlemans

- ***Australian Lions Hearing Dogs will celebrate the delivery of its 600th dog in October.***
- ***Deafness is an epidemic in Australia with over 400,000 people suffering in silence.***
- ***With one in six Australians currently suffering from some form of hearing loss there is growing demand for Australian Lions Hearing Dogs.***
- ***Australian Lions Hearing Dogs is the only accredited Hearing Assistance Dog training centre in the country. The cost of fully training and delivering an Australian Lions Hearing Dog is \$37,000.***

About Australian Lions Hearing Dogs Project

One in six Australians have some form of hearing loss with this number expected to rise to one in four by 2050. This number is greatly increased in older Australians. The technological advances with hearing aids and cochlear implants continue to improve with each passing day, however there are times when something else is needed. This is where a Lions Hearing Dog helps!

From the hard of hearing person who takes their aid off at night to the profoundly deaf person where no aids help, many Australians live at risk when they can't hear sounds such as the knock at the door, a telephone or, most seriously, a smoke alarm.

Since 1982 Lions Hearing Dogs have provided a set of "furry ears" to hundreds of Australians, all possible from the ongoing support of Lions Clubs across Australia.

Each Lions Hearing Dog costs upwards of \$37,000 to train and deliver, free of charge, to its deaf or hard of hearing owner.

The Australian Lions Hearing Dogs National Headquarters in the Adelaide Hills is the only accredited Training Centre in Australia, with the program being accredited by Assistance Dogs International.

To continue providing this service to deaf and hard of hearing Australians we need your support!

BRIEF HISTORY

Australian Hearing Dogs was conceived in 1980 when two Lions, PDG Bob Allen and PDG Brian Carter attended a International Convention in the USA .They discovered the Hearing Dog Training Centre in Colorado and decided there was a need in Australia and at the Multiple District Convention in Canberra, Lions Clubs Australia voted to fund the project.

Property was acquired at Verdun, in South Australia and Gale Gould, from the American Program, came out for two years to start the project

The first dog Trained was called Amber and was sponsored by The Lions Club of Edwardstown and she was delivered on the 10th April 1982.

THE TRAINING OF A LIONS HEARING DOG

Meet the scruffy rescue terrier now training to be a hearing dog for humans



October 11, 2019

Tex didn't have the easiest start to life. The scruffy terrier was twice returned to our Lonsdale shelter through no fault of his own.

But that all changed in February 2019, when Tex found the best forever home – he was adopted by **Australian Lions Hearing Dogs**.

Now over six months into his training, Tex is almost a qualified hearing dog, and he's about to embark on a grand adventure helping humans in need.

With one in six Australians suffering from

some form of hearing loss, the work of rescue dogs like Tex couldn't be more needed right now.

Since starting almost 40 years ago at Verdun in the Adelaide Hills, Australian Lions Hearing Dogs have provided almost 600 dogs to people who suffer from hearing loss. The charity, supported by Lions Clubs, is the only accredited hearing dog training centre in Australia, providing deaf or hard of hearing clients a fully trained hearing dog – free of charge.

That's especially incredible, because each trained dog costs the organisation roughly \$37,000.

What's more, Australian Lions Hearing Dogs is proud to find most of their dogs at pounds and animal shelters – 64 of these pooches have been adopted from our very own RSPCA South Australia shelters.

Friendly, inquisitive and energetic: the perfect hearing dog

Australian Lions Hearing Dog trainer Laura Harris tells us Tex was an obvious choice right from the first moment she met him. "Usually we select dogs that are up the front of the kennels wanting to meet us – friendly, inquisitive and energetic," Laura says.

"When we came to Lonsdale in February, we walked past Tex and instantly knew he would be the perfect hearing dog.

"He was happy and excited to meet us, very responsive to sounds and showed the behaviour of a well-balanced dog."

In the months since his adoption, Tex has been busy making lots of new fur-friends and befriending all members of staff.

"Tex has become a confident dog during our outings and has been to lots of different places including the airport, Marion and the CBD," Laura says.

Sound training crucial to a hearing dog's progression

Tex's training involves two aspects – sound training and out-and-about training.

Over the past four months of his training, Tex has learned to recognise nine different household sounds – meaning he'll be able to alert his future owner to each noise.

Clever Tex can now identify sounds including the door bell, knocking on the door, phones ringing, the alarm clock going off, an oven timer sounding, a baby crying, go-get and a smoke alarm.

"Tex gets so excited when it is time for sound training and is always looking to me to find out what I would like him to do next," Laura says.

He's also learned to cope in loads of different situations.

"The dogs are exposed to many different environments and settings during out-and-about training such as busy malls and shopping centres, residential walks, public transport, main street walks with high levels of traffic noise and café training – and they need to be able to cope in this environment," trainer Megan mentions.

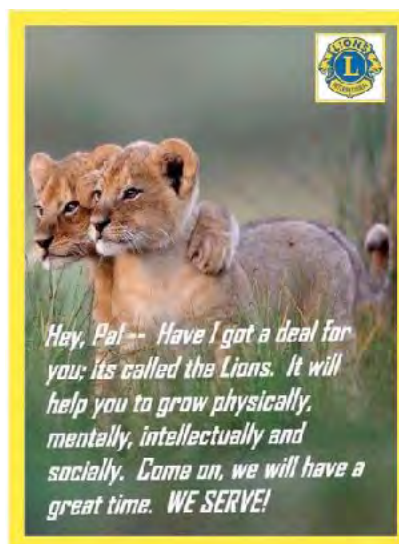
A fur-ever home the next big step as Tex completes his training

With Tex almost ready to find his new family, Megan says it'll be tough to say goodbye after spending several months seeing him almost every day.

"As much as I am looking forward to delivering Tex to his new owner, I am going to miss him a lot too," says Megan.

"But knowing he is going to a loving home, that he will have a huge impact on his owner's life, makes me very happy."

We are so happy for Tex and his new journey and can't wait to hear updates along the way. Thank you to Australian Lions Hearing Dogs for giving Tex – and other rescue dogs just like him – a wonderful second chance.





Australian Lions Foundation Ltd.

"Helping Lions help their Community"

NEWSFLASH October 2019



www.alf.lions.org.au

National Appeal Fund

To all Lions, Leo and Lioness Clubs,

As published in the recent ALF Newsletter, we are consolidating all existing appeals into one single "National Appeal Fund" to be able to assist any situation that occurs around our Multiple District quickly and directly to the impacted areas. The Appeal Fund will be a central fund that Clubs, individuals and organisations can contribute to, and the Foundation can then disburse as needed.

Over the past couple of weeks, we have all seen the devastating fires that have impacted communities in northern NSW and Queensland. These areas have seen good initial Government support and now it is our turn to bridge the gap and assist. Up until now, Districts have not been able to get a picture of needs but now these are becoming clearer.

We thank the many clubs who have already donated and this will go directly to assist via the local clubs and their District support mechanisms.

If clubs wish to make a donation, you can either send your cheque direct to the Treasurer of the Australian Lions Foundation or make a deposit direct to the National Appeal Fund Account, as detailed below. If you are making a direct deposit, please ensure you put your club number as a reference so we are able to maintain records. Please remember that donations to the National Appeal do not qualify as credits for future awards as these donations are disbursed directly to Districts to support those communities affected by disasters.

Account Name: National Appeal Fund

BSB: 036-048

Account No: 440704

Cheques payable to the Australian Lions Foundation can be sent to:

Treasurer Australian Lions Foundation

PO Box 278 Melville, WA 6956





Western Australian Lions Hall of Fame 2019

The Western Australian Lions Hall of Fame presentation evening was a formal dinner held on the Friday 1st November, where the 2019 nominees were acknowledged and three of these nominees were inducted into the Western Australian Lions Hall of Fame.

The three new Inductees were, PDG Bruce Hearman, Lions Club of Donnybrook, Lion Bev Howard, Lions Club of Booragoon and Lion Brian Williams, Lions Club of Kingsley-Wood



Hall of Fame members and Members of The Lions Club of Mandurah, PDG Wally Barrett OAM, PCC Ian Kelly OAM, PCC Ambrose Depiazzi OAM attended the evening with their lovely wives Anne Barrett, Evelyn Kelly and Letitia Depiazzi

I saw this post on Facebook after the District Convention from Amanda Rickman which is interesting, Editor

Great work 201W2 from our old MANDURAH LEO Club, fifteen years on, we have a Mayor, incredible teachers, Australian diplomat, an excellent event planner and many more people who were empowered through LEOs and 201W2 support to follow their passions, and continue to give back and build our community i❤ Lions

LIONS CHRISTMAS CAKES & PUDDINGS

Lions Christmas Cakes and Puddings are an important fundraising project of Lions Clubs in Australia. Funds raised are donated to projects that benefit the community locally, nationally or internationally.



Recommended retail prices:

- **Lions Christmas Cake 1.5kg \$17.00**
- **Lions Christmas Cake 1kg \$13.00**
- **Lions Christmas Pudding 900gm \$13.00**
- **Lions Mini Cake 80gm \$2.00**



LIONS CHRISTMAS CAKES HISTORY

The Multiple District 201 (Australia and Papua New Guinea) Christmas Cake Program had its beginnings back prior to the 1965 International Convention in Los Angeles where the late PDG Captain Philip Lusher was to be inducted as District Governor, District 201B. PDG Philip, whilst in North America prior to the Convention, visited a number of Clubs in Canada, and whilst attending a meeting of the Lions Club of Montreal, heard of the "Lions Christmas Cake" program, and returned to Australia with full organisational details for the information of his fellow Governors.

District Governor 201E, the late Ken Fenwick and his Cabinet Secretary the late Lion Ern Smith introduced the program to their District with home baking and packaging of Lions Christmas Cakes in the Goulburn, NSW area.

The following year, Lions of the Multiple District were seeking a National fund raising project to support, "SAVE SIGHT" activities and the then Council Chairman, the late PDG Jamie Jamieson, called for ideas for a project to fund the campaign.

Lion Ern Smith suggested to his District Governor, that Lions should sell Christmas Cakes and the project brought back from Montreal Lions Club by PDG Captain Philip Lusher should be expanded to a National program. His Governor told him he was crazy. The Council Chairman noted the exchange and called on District Governor Ken for comment, who said, "this clown of a Cabinet Secretary of mine has suggested we should sell Christmas Cakes!". It was immediately formulated, moved, seconded and adopted that Lion, later District Governor, Ern Smith, be given one week to formulate a plan to bring his idea into being. The first "LION SAVE SIGHT CHRISTMAS CAKES" were baked

by Big Sister, part of the Reckitts and Coleman group of companies, and were three pound cakes.

The project immediately proved successful, and sales have been constant over the past two decades, after reaching astronomical sales on the inception of the program.

In 1975 the cake became "metric" and converted to 1.5 kg and reduced in packaging from twelve to ten per carton. This resolved many headaches for Club Chairmen with stock control records and book keeping made so much easier. In 1986, Council adopted a recommendation from the National Cake Committee that the cake be manufactured to a lower, larger profile which has proved popular. Cakes have been baked by Australia's leading food companies, including Big Sister, Gartrell White, Arnotts, Sarah Lee, and since 1983 by the present manufacturer, "Top Taste," (the baking division of George Weston Foods Limited).

1998 saw the introduction Nationally of the 1 kg Lions Christmas Cake to the program. A 1kg cake program had been successfully marketed by District 201 N5 (formerly District 201 N2 and N5) for many years. In 1999 the Iced Cake was introduced, but has been discontinued.

In 2010 a Lions Traditional Pudding has been added to the product range and is 900 grams in size in a blend of 45% fruit and wonderful traditional spices.

All cakes and puddings are baked to the relevant identical recipe by the manufacturer, ensuring a uniform, high quality product.

Annual sales nationally are approximately **\$6,500,000** and the funds raised by Clubs and Districts for save Sight, Health, Welfare and Humanitarian projects are in the order of, **\$2,000,000** per year.

It is estimated that since the inception of the programme as a National Project funds raised have exceeded, **\$50,000,000**

This is an outstanding result and reflects the enthusiasm of the Clubs participating in the program, and is a testament to a unique, high quality product and respected brand, "Lions Christmas Cakes and Puddings"

BON VOYAGE ✈️🍷🍺🧀🚢

Safe travels to Barry Simms and Partner who, at the end of October, will be flying out of Perth for London, where they will be boarding one of the 'Queens' for a leisurely cruise back to Fremantle, arriving back here, early in December.

Hope you a have safe and relaxing trip and we will see you on your return.

SAFE TRAVELS TO ALL OUR LIONS AND THEIR PARTNERS WHO MAY BE TRAVELLING AT THE MOMENT

WELLNESS WEDNESDAY BBQ

PART OF MENTAL HEALTH WEEK

PDG Peter Lamb and his team of merry Lions Helpers cooked for a small, but hungry crowd down on the Eastern Foreshore Mandurah, on a beautiful spring day. Twelve Lions had fun helping out, making it also a very successful day.



**Above : Lions Don McCarroll (Fred Astaire)
and Gordon Nunn (Ginger Rodgers) limber up
before the cooking starts.**

**Right : Ready to cook with Lion
David O'Leary (The Three
Amigos or is it Huey, Dewey and
Louie)**





**Above Lions Denice Knight and
Helen Lamb are kept very busy
serving the hungry hordes**

**A BIG THANK YOU TO THE LIONS CLUB OF MANDURAH
FROM THE WELLNESS COMMITTEE**



MEMBERSHIP CHAIRMAN - Lion Ruth Norwell



**Membership Chairman Ruth Norwell
Presenting years of service tabs to Lion
Denice Knight (15Yrs) and Lion William
Barron (4 Yrs)**

**Lion Harald Lorek, not present at the
meeting, has a Years of Service Tab of 53
years. What a great effort.**

Happy Birthday October

PDG Wally Barrett OAM	8/10
PDG Neil Saunders	16/10
Lion Ron Draper	22/10
Lion Peter Drown	23/10

Years of Service tabs were presented to

Lion William Baron	4 Years
Lion Denice Knight	15 Years
Lion Harald Lorek	53 Years

A BIG WELCOME

**To Lions Rob and Sue Landon who have transferred into our club
from the Lions Club of Logan Village Inc Q1.**

IT IS GREAT TO HAVE YOU ONBOARD



**SAVE THE CLUB \$7:00
THATS HOW MUCH A NEW TAB COSTS**

**So after receiving a new 100%
Service tab from membership,**

**PLEASE RETURN YOUR OLD ONE BACK TO LION
RUTH NORWELL, FOR RE-USE**



GUEST SPEAKER

ELEANOR BRITTON - GP Down South, Peel Youth Medical Service,

Guest speaker for the evening, Eleanor Britton was introduced to the Club by Lion Graham Bateman, where she then gave an informative insight into GP Down South and Youth Health.

Eleanor who is Business Development Management and has 10 years experience working for GP Down South, which is a not-for-profit community organisation providing health and wellbeing services in the Peel regions and the South West of WA.

We provide culturally appropriate care for individuals, youth and families in the areas of general health, mental health, drug and alcohol issues, and chronic disease management. Strengthened by partnerships with community organisations, we provide outreach services and forge strong links across our communities to deliver care, referrals, and expert help where it is needed most.

In the Peel region we operate Nidjalla Waangan Mia Aboriginal Health and Wellbeing Centre, the Peel Youth Medical Service (including the 3 Tier Youth Mental Health Program), the Assertive Outreach Team, the Peel Mobile Health Service and the Peel Health Hub.

In the South West we provide Mental Health Services (including the 3 Tier Youth Mental Health Program), Chronic Disease Management, a Parenting Program and Down South Aboriginal Health Services. Our funding is predominantly through Commonwealth and State Health Departments, with Commonwealth funding received via WA Primary Health Alliance (WAPHA).

The Peel Health Hub is a new building, twelve months old, that has been built on Allnutt Street, Mandurah and is now a one stop shop for the health needs of young people, adults, families and carers in the Peel region offering a coordinated response to health issues. It has brought together, in the one location all the relevant groups like Peel Health Medical Services, Head Space, Palmerston, Allanbee Counseling, Richmond Wellbeing Peel Mobile Health Service etc, making it more efficient, in treating issues that includes mental health, alcohol and other drugs, assault, sexual abuse and family violence. The Peel Health Hub provides a GP supported, comprehensive and coordinated approach to improve the mental, social and physical health of its clients.

They also have a exchange needle programme set up and Eleanor stated that they exchange a staggering 37,000 per month



PDG Neil Saunders then gave a vote of thanks to Eleanor for her very informative talk and the club showed its appreciation in the usual way.

President Paul Ripley presents our Club Banner to Eleanor Britton, from GP Down South after her Informative talk

Lions Australia

Code of Conduct Numbers 2 & 3

2. Respect

We genuinely acknowledge and respect each other's individual values, beliefs, efforts and ideas.

I demonstrate this by...

Valuing and acknowledging the opinions and contributions of Lions.

Treating others fairly, courteously and with respect

Contributing to dialogue and discussion in a constructive manner

Ensuring the way I work promotes trust

Using language which is respectful to clients, the community and others

Abstaining from all forms of unacceptable or unlawful behaviour.

3. Integrity

We maintain high standards of integrity and are conscientious in our approach to work.

I demonstrate this by...

Conducting myself honestly, reliably and without favouritism

Not engaging in fraudulent or criminal behaviour, bribery or other unlawful conduct

Being transparent in my decision making

Providing constructive feedback to others in an honest and respectful way

Appropriately disclosing or mitigating a real or potential conflict of interest

Ensuring my actions and decisions are in the best interests of Lions.

Refraining from financially or sexually exploiting Lions clients including children and other vulnerable people and promptly acting on any reasonable suspicion that exploitation is occurring.

LION HARALD LOREK WILL BE NINETY ON THE 18TH NOVEMBER 2019

**HAPPY BIRTHDAY HARALD
FROM ALL THE MEMBERS OF THE LIONS CLUB OF MANDURAH**

HARALD'S LIONS RECORD

Harald joined Lions as a charter member of the Lions Club of Merredin, in 1966 and has 53 Years of service in Lions

He was awarded a Melvin Jones Fellow in 1979, is a Life Member of the Lions Club of Mandurah, a Key Member and has received the Fifty year Service Medallion from Lions International.

President	2 Times	(1974/75, 96/97)
Secretary	4 Times	
Treasurer	3 Times	
Zone Chairman	2 Times	(1975/76, 89/90)

Harald has held nearly every other position in the Lions Club Merredin before moving to Mandurah in 2011 with Anna and he transferred to The Mandurah Lions Club which, he is still a member, maybe not as active as he was, like a lot of us these days. With our club he has been the Tail Twister and was involved with our Recycling Projects

Harald, because of ill health, finds attending meetings, for him, has become a challenge, but he still likes to stay in touch with members, enjoys reading the minutes and newsletter

FIFTY YEAR SERVICE TO LIONS INTERNATIONAL FOR LION HARALD LOREK

The Australian Lions Foundation approved the minting of a special Medallion to be presented to all Lions who have served 50 years as members of Lions Clubs International. It was recognised that this is a significant milestone in anyone's lifetime and Lions recognition was due. The Medallion is provided to each District on a yearly basis, together with a copy of the book "Lion Bill" and a letter of congratulations from ALF Chairman PDG Glenn Herbert.

The Medallion was presented in 2016, to Lion Harald Lorek by PCC Ian Kelly OAM, the Assistant Treasurer of ALF..



LIONS EVENTS CALENDAR

NOVEMBER		
	9-10/11/19	W2 Cabinet Meeting Sat/Sun
	12/11/19	Dinner Meeting
	17/11.19	Mandurah Arts Festival Sunday BBQ
	19/11/19	Board Meeting
	21/11/19	Rotary Golf Day BBQ – Halls Head Country Club
	26/11/19	Dinner Meeting
DECEMBER	1/12/19	BBQ & Car Park Management – Centro Halls Head
	6/12/19	Christmas Pageant BBQ - Eastern Foreshore near Cicerello's
	7/12/19	Recycling Saturday
	8/12/19	MADSAR BBQ – Centro Halls Head
	9-15/12/19	Cake Sales Mandurah Forum
	10/12/19	Christmas Party
	13/12/19	Treasured Tots 52 Scholl Street Mandurah 5pm BBQ
	17/10/19	Board meeting
	20/12/19	Goodstart Meadow Springs 19 Pebble Beach Bvd Meadow Springs 5pm BBQ
	21/12/19	Raffle Draw Mandurah Forum Shopping Centre
	24/12/19	Tuesday 24th Santa Deliveries
JANUARY	4/01/20	Recycling Saturday
	14/01/20	Dinner Meeting
	21/01/20	Board Meeting
	25/01/20	Australia Day Breakfast Prepwork Saturday
	26/01/20	Australia Day BBQ – Eastern Foreshore
	28/01/20	Dinner Meeting 1st VDG Visitation

BULLETIN DEADLINE

EDITOR Dave Knight

The publication date for the monthly bulletin is the first club meeting of each month.

Articles and reports need to be in to the Editor by the First Monday of the Month, VP's, you will be notified by Email

Articles received after this date, may not be accepted.

I look forward to your contributions.

Dave Knight 0400199840

dkni5048@bigpond.com



***“My goal is not to be better than anyone else,
But to be better than I used to be”.***



Have you asked the question?

This is a funny story I heard, years ago

It is about a farmer in the wheatbelt of Australia who was having trouble with the foxes getting his chickens

On a very hot January night farmer Bob went to bed and as it was so hot he slept naked, but after a busy day he soon fell asleep. At about 2:00am in the morning he was woken up as the chooks were going berserk, that bloody fox he thought to himself, so he quietly got out of bed and he grabbed his trusty double barrel shotgun which he kept handy. He slowly found a couple of cartridges and loaded the gun, he was now ready to finish this fox off, once and for all, still naked he slowly crept through the house and carefully opening the back door, glad now that he had oiled the hinge as it did not make a noise. He then negotiated the couple of steps off the verandah and onto the path that leads to the chook pen, gun ready he slowly made his way along the path, the chooks were still making a lot of noise so he crouched down a little, gun ready. Halfway down the path the noise from the fowl house increased causing Bob to crouch a little lower gun pointing forward ready to blast this fox. As quiet as a mouse he arrived at the gate, he slowly opened it as the chooks were now more vocal, Bob crouched a little lower, his finger poised on the trigger, where is that bloody fox. Just then Buster the Tom cat thought he better make a rapid exit out of the chook pen and the quickest way was through Bobs crouched legs, tail pointing upwards, which on the way through brushed against Bob's privates, this took him by surprise, he jumped up letting go with both barrels of the shotgun. Farmer Bob and his wife were eating chicken for the next twelve months.

A note from our Legal Officer..

Persons under the age of 12 years.

The Insurance Committee is making enquiries as to the possibility of securing Lions Insurance Cover for persons under the age of 15 years. The matter is still under review by that Committee. I was asked to advise as to other implications that may arise from the participation of under 12 year olds in Lions Clubs activities.

The age of criminal responsibility in Australia is the age below which a child is deemed incapable of having committed a criminal offence. In legal terms it is referred to as a defence of infancy. The age of 10 years has now been adopted as a uniform age of criminal responsibility throughout the country.

In all criminal matters, it is essential that the person concerned has a sufficient understanding between "right and wrong." There is a presumption that a child aged at least 10 but less than 14 does not have that understanding but that presumption may be rebutted. To rebut the presumption, the Prosecution must prove beyond reasonable doubt that the child knew that the act was seriously wrong (not by standards of law, but morally or according to the ordinary principles of reasonable people) as distinct from an act of mere childish mischief.

A person is deemed to be an adult upon attaining 18 years of age.

The minimum age of employment varies across each State and Territory. New South Wales has no minimum age of employment although such employment is regulated in certain industries in respect of children under 15 years of age – entertainment; photography, door to door sales. No child under the age of 13 may be employed in Victoria except in relation to family businesses, entertainment industry and delivery of newspapers, advertising materials or for a pharmacist. Children under 13 must only perform "light work" be granted rest periods and work only within certain hours.

Persons under the age 17 cannot join the armed forces. What does all this mean to our organisation?

In my view children under the age of 12 years should not act as volunteers in any Lions Project. Such a child should be accompanied by a parent, guardian or other approved adult who should be advised that the care, control and wellbeing of that child is his or her responsibility. Clubs should ensure that any accompanying adult is aware, and appreciates, his or her responsibility and actively supervises the child at all times. An accident, as we all know, can happen in a matter of seconds. It is not only important, but common sense, to take practical steps to keep children away from any area or activity which is dangerous or accident prone. Each Club, when planning event or activity, should give consideration to the likelihood, or otherwise, of young persons. It is important to record that consideration and the steps taken to avoid, or minimise, an accident.

Legal Office

ENGEL FRIDGES



Lion Rob Garratt connecting up the dual battery system for the Engel fridges

When removing trailer from shed, unplug the Engel battery charger first.

When returning trailer to the shed, Plug into Battery charger as per instruction on the front of fridges and leave on

PLEASE DO NOT TURN OFF THE ENGEL FRIDGES





Snake bites are
nothing to joke about.

They are scary, and painful. And they can also be lethal if left untreated therefore you need to act fast.

The first and most important step is to call an ambulance so they can treat the bite, so:

- STEP 1:** **Call 000 or 112 from your mobile for an ambulance**, rest casualty and avoid unnecessary movement
- STEP 2:** **Place a wound dressing over the bite.** Do not wash the venom off the skin, so it can later be used for identification.
- STEP 3:** Apply an elasticised pressure bandage **firmly** over the bite. Alternatively use crepe bandages clothing or similar material. If bitten on the torso apply direct pressure with padded material
- STEP 4:** Apply further **pressure bandages** on the **bitten limb**, starting at the fingers or toes and extending upward to cover as much of the limb as possible. Mark the location of the bite on the bandage with a pen.
- STEP 5:** **Immobilise** the bitten limb with splints or an arm sling. Reassure the casualty and keep them still until the ambulance arrives.

Remember, a big part of attending a wound it to keep calm and to encourage the casualty to the same.

BEWARE TWO SNAKES TO LOOK OUT FOR

TIGER SNAKE



Common Name.	Tiger Snake
Scientific Name.	Notechis scutatus
Family.	Front Fanged Venomous
Average Length.	80cm
Reproduction.	Live bearing
Number of Offspring	23
Venom.	Extremely venomous

DUGITE



Common Name.	Dugite
Scientific Name.	Pseudonaja affinis
Family.	Front Fanged Venomo
Average Length.	109cm
Reproduction.	Egg laying
Number of Offspring.	15
Venom.	Extremely venomous

WATCH YOUR PETS, THEY ARE VULNERABLE AS WELL

JOBS FAIR BBQ

Pre-work for the Job Fair BBQ

Eight Lions spent time prepping for the Jobs Fair BBQ, cutting buns, slicing onions, packing sausages and sorting out the drinks,



Left - The sausages are ready, now Lion Denice Knight is onto the buns



Above - Lions Graham Bateman and Brook Arelette, prepping the buns

Right - PDG Peter Lamb and President Paul Ripley sorting out the drinks



JOB FAIR BBQ

The weather in the morning was stormy, it was raining and it was also very windy, all the conditions you need for setting up for a BBQ at the Mandurah Aquatic Centre, but it didn't deter those Lions that started early to set up, as it was, the weather changed for the best, it was kind for us.

From President Paul - Thanks once again for a successful day serving 500 sausage sizzles at the Peel Job Fair this morning.

Marianne was impressed with our set up and the work we did.



Left ; Lions Peter Drown, Helen Lamb, Gordon Nunn, Clive Cartledge, PDG Peter Lamb and Denice Knight looking to the heavens, while setting up for the Job Fair BBQ.



Left - Lion Joyce Covell with her Granddaughter Siobhan Smith serving, while PDG Peter Lamb is sorting out buns



Right Lion Peter Drown certainly looks like he has his hands full, handled it like a



Left - Lion Clive Cartledge, (cooking), Lion Gordon Nunn, (thinking about it)

Thats more like it Gordy a full hotplate of onions.



**BUSH RANGERS CONVENTION 2019
LIONS DISTRICT 201W2**



The Mandurah Lions that travelled to the District 201W2 "Bushrangers" Convention hosted this year by the Lions Club of Armadale/Kelmscott had, by all accounts, an enjoyable time, hope you didn't lose too much money to the Bushrangers. If this convention, was your first one or one of many that you have attended, you find this time spent, is always informative and fun.



Lions Youth, Lions Future



Above : PDG Peter Lamb manning the Childhood Cancer Research Foundation, exhibition



Above: 201W2 District Governor Frank Camarri presenting National Leo of the Year, Ruth Spence with his banner

201W2 District Cabinet



Bushrangers extracting funds from the conventionneers

Flag ceremony

