

November

BULLETIN



We Serve

PRESIDENT John Osborne

SECRETARY Peter Lamb

secretary@mandurahlionsclub.info

TREASURER Rob Garratt

Clubrooms (08)95813122

MEAL and APOLOGIES

Helen Lamb

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Phone: 0407377572

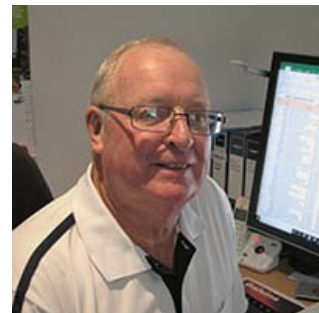
Members who fail to request a meal by 5.00pm Sunday might not get a meal

PRESIDENT'S REPORT

LION JOHN OSBORNE

October was our Membership Month

As with all years, Spring brings about a more optimistic view up the world. we are now shaking off the shackles of the COVID-19 hiatus and we are involved in actively doing projects.



Thanks to those members who were up early to provide a breakfast sausage to the contractors at Alcoa and to the late tea and coffee providers stationed at Mewburn gardens on the RUOK day.

Thanks also to Paul and Wendy for their early start marshalling the Halls Head Community Swap Meet. It is pleasing that our activity account is having some money flowing in and not all out.

October is our membership month with the focus on bringing a guest to the club for our second meeting on the 27th. PDG Garry Irvine will be talking on the importance of early detection of Skin Cancers.

I made an approach to a person where I invited them to be my guest at our dinner meeting where we have a speaker talking about Skin Cancer and the importance of early detection. It worked for me.

Thanks to Wendy, Helen, and Joyce for working with our caterer and setting acceptable standards for the catering of our dinner meals.

President John Osborne

WE CARE, WE SERVE, WE ACCOMPLISH

For your Diaries

**LIONS CHILDREN OF
COURAGE 2020/2021 LIONS
DISTRICTS 201 W1 & W2**

**The Awards will be on the 20th
March 2021**

**Gary Holland Community
Centre -**

19 Kent Street Rockingham.

The Lions Children of Courage Award Program is now established as an important and extremely worthwhile annual project of Lions Clubs International in Western Australia.

The program was introduced in 1983 by Past District Governor Joe Mason OAM, who saw a need to provide for an awards programme through which Lions Clubs in Western Australia could recognise a very special group of young Western Australians - and their families.

At that time, there were many awards that recognised the achievements of young people - except the children with "special needs".

Since its modest beginnings, the Lions Children of Courage Awards has grown to be one of the most important annual events in the West Australians Calendar

CHILDREN OF COURAGE CATEGORIES

Special Needs

For children with special needs who have shown courage in the face of adversity and overcome obstacles or endeavoured to improve the quality of their own lives. May include children who are confined to wheelchairs, are sight, hearing or speech impaired, have had long period of medical condition and surgery'

Courageous Act or Deed (Hero)

For children who have acted bravely in an accident or life-threatening situation to assist in preventing further harm to other persons or property.

Outstanding Sporting Achievements

A child who has overcome personal hardship or disadvantage to achieve a high degree of sporting achievement as an individual or team member.

**EARLY
NOTIFICATION**

ANOTHER DATE CHANGE

Members of W1 are also invited to join us. Busselton Lions Club will be hosting the 2020 District Convention on the weekend and extend a warm welcome to you **Please note that we are restricted to only 150 Lions due to the COVID-19 regulations. The event is now moved from MARCH 2021 to the 20TH - 22ND NOVEMBER 2020.**

Busselton has many attractions for you to see. Join us at the Convention to receive updates on what is happening in the Lions world and to decide the future direction of the District. Registration forms are available from our website. busselton.wa.lions.org.au Accommodation is available at Abbey Beach Resort using promotional code LIONS2020. Contact via phone on 97554600 or their website.

WA LIONS HALL OF FAME

A Joint Project of Lions Districts 201W1 & W2
Chairman PDG Colin Heap Correspondence to
PO Box 182, APPLECROSS, WA, 6953

CALLING FOR 2020 NOMINATIONS

**Nominations must be received by
5.00pm on the 15th September 2020 to
be considered.**

**A Black Tie Dinner will be held on Friday
6th November 2020, to announce the
inductees into the WA Lions Hall of Fame**

1ST VICE PRESIDENT'S REPORT

LION DES McLEAN MBE



Mandurah Community Garden: Land will not be available from the Education Dept. so it was recommended we hold off on any donation until they have tenure of their property.

Children of Courage: I have all the details for our two children of courage candidates and I have submitted them. On Sunday 18th October, I had the pleasure of the company of the Jones family as most of you already know Joshua and William are our children of courage which will be held in March next year. So with their smallest brother Benjamin, Sebastian, together with Mum Michelle and Dad Elliot, we set off from the MOFSC. The weather was perfect and going across the estuary where we saw Dolphins and then made our way up the Murray river, stopping at the Pelicans for Icecreams, then on to Pinjarra for lunch . We could not get the smiles off the boys faces It was a top day. See photos below.

Tyson - I have been looking at purchase a Motor Vehicle for Tyson, which we are looking at resourcing locally, the vehicle will then also need modifying to hand controls. This funding will also be sought from the Falcon Lions Club, ALF, Mayday and a Go Fund me page will be set up by President John's Daughter-in-Law, and Lion Wendy Ripley.

On the 30th Oct 2020, I went and saw Tyson as I needed answers, regarding the costs for the hand controls and the fitting of them. Tyson gets his cast taken for the prosthesis on Wednesday, and then the following Monday he is admitted to hospital for two weeks where they will fit the prosthesis and then they will teach him to walk on it. Soon after that he will start driving lessons and when the time is right we will proceed with the purchase of one.

Sunglasses – Lion Don McCarroll was able to assist with 20 pairs for sunglasses for Wanslea for older kids Christmas presents.

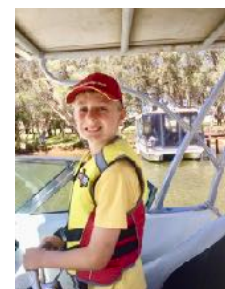
Wanslea Christmas Lights tour – With assistance from Mandurah Water Rescue and MOFSC. we will again be taking out 120 kids, parents and carers from Wanslea, on a tour of the Christmas lights, through the Mandurah Canals. The Mandurah Lions are again supplying the sausages, ice creams and soft drinks.

Sea Container Lion Graham Bateman has advised that the MCC will finally allow a 40ft. shipping container to be placed at the Den.



Our Children of Courage Joshua and William

Lion Des Mclean took the Jones family up the Murray River to Pinjarra. William seen driving the boat (Right) is his brother Joshua's, keeper. Joshua has muscular Dystrophy and when other kids tried to Bully Joshua, William steps in sends them on their way. They are a lovely family and Michelle (Mum), Elliott (Dad), William, Joshua, Sebastian and Benjamin all had a great time, thanks to Lion Des, finishing of with ice creams all round at Pelicans, (above left)



2ND VICE PRESIDENT'S REPORT
LION DON McCARROLL



Lions Mints Firstly I would like to thank the Lions members who have taken over the servicing of the Mints outlets while Lion Dick is resting up.

Community Recycling W.A. - The first bin of bottles and cans, for containers for change ,went out last week, resulting in the funds starting to come in, which is very good for hardly any work.

Recycling Spectacles and Hearing Aids – The glasses are still rolling in and we are getting more and more boxes in stock [9 to be exact]

Paper Recycling – The papers are a regular project of the club, so don't be afraid to come down to the club house and help wrap and stack, you will be more than welcome..

All the recycling Projects are all going smoothly now, but I have couple of other projects I am looking at, so if you want something to do, don't hesitate in contacting me.

Christmas Cakes – Two members IPP Paul Ripley and Lion Rob Garratt are managing the Christmas Cakes for the Club this year. They have ordered the cakes and puddings, so now is the time to get out and make sure your outlets are available and any new ones you can find. It looks like we wont be able to sell cakes at Bunnings this year, but the Mandurah Forum has been booked again, so that will be a good start, remember, the roster for Lions help will be out soon to sell cakes so please put your hand up to help make it again, a successful Project.

I will be away from Tuesday 3rd to Thursday 12th November



THE CHRISTMAS CAKES WILL ARRIVE ON THE 5TH NOVEMBER

SO NOW, IT WILL BE ALL HANDS ON DECK



**WE NEED YOU!!!!
ARE YOU READY TO SELL
CHRISTMAS CAKES?**

**THE ROSTERS WILL BE OUT SOON SO SIGN UP
MANDURAH FORUM STARTING ON THE 7TH
DECEMBER 2020 THROUGH TO THE 13TH DECEMBER
2020**



3RD VICE PRESIDENT'S REPORT

LION BARRY SIMMS



1. **Wellness Wednesday Sausage Sizzle**, held on the 14th October was a success and along with donations, made for an enjoyable day. We also took advantage of the occasion by promoting our club which resulted in four very positive membership enquiries with one person, so far, attending a Tuesday evening meeting. Another job well done to all concerned.

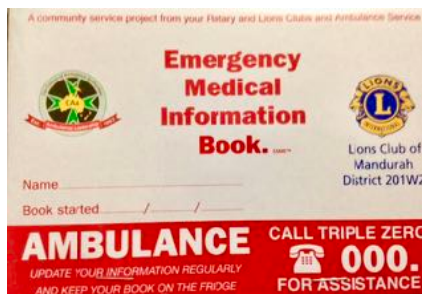
2. **Treasured Tots Early Learning** have decided to withdraw their request for a Sausage Sizzle and Santa visit due to the COVID - 19 restrictions not being lifted past Stage 4. This is understandable considering the ages of the little people in their care. The function was booked for Friday 11th December.

3. **Rotary Golf Day** Our next Sausage Sizzle is in support of our Rotary friends at their Golf Day at Halls Head Country Club on Thursday 19 November 2020 from 10:30 am to 12:30 pm. The function is from 10:30 am to 12:30 pm. Rotary will be supplying the sausages a .

4. I gave a copy of our **Emergency Medical Information Book** to the manager at The Mandurah Belswan Lifestyle Village who was so impressed with the book she requested a copy for each of the 320 residents. Our club voted unanimously to supply the books to the village at cost.

PDG Garry Irvine will arrange an advert to be placed in the local newspapers, for this year's Santa Deliveries.

The Mandurah City Council, has cancelled the Christmas Pageant for this year due to the social distancing problems they expect with the large crowds.



THE EMERGENCY MEDICAL INFORMATION BOOK

The Emergency Medical Information Book – contains all of a person's information and medical records needed if or when an ambulance is called and they need to be transported to a hospital. When paramedics are called, a typical scenario is that distraught family members may be unable to give correct details of the patient's condition, or the medication they may be on. The paramedics physically have to collect all the patients medication in

the house, try and obtain a medical history and take it to the hospital with the patient.

This small book contains patient contacts, service or carer provider information, medications and any medical condition, so a paramedic is able to treat and ready a patient for transport to a hospital.

MEMBERSHIP CHAIRPERSON

Lion Ruth Norwell

At our dinner meeting held on the 13th October 2020 PCC Ian Kelly inducted our newest member Lion Stephen Cannon into the club closely watched by his sponsoring Lion Barry Simms.



Right: PCC Ian Kelly conducting the Induction ceremony for our newest member Lion Stephen Cannon with Sponsoring Lion Barry Simms looking on.



Left: Lion Barry presenting Lion Stephen Cannon with his membership pin after his inductions as member in our club

Years of Service Tabs for were presented to:

September Tabs

- PDG Peter Lamb 44 years
- Lion Joyce Covell 6 years
- Lion Ruth Norwell 6 years

October Tabs

- Lion Harald Lorek 54 years
- Lion Denice Knight 16 years
- Lion William Baron 5 years

WELL DONE

September/ Birthdays

- Lion Wendy Moyses 12/09
- Lion Vicki Arelette 21/09

October - Birthdays

- PDG Wally Barrett 9/10
- PDG Neil Saunders 16/10
- Lion Ron Draper 22/10 (90th birthday)



HAPPY BIRTHDAY



Lion Ruth Norwell presenting service tabs to Left: Lion Joyce Covell and herself (6 years) and Right: PDG Peter Lamb (44 years)



MEMBERSHIP NIGHT A SUCCESS

The Dinner Meeting, held on the 27th October, was our Membership night and it was pleasing to see we had ten guests who maybe, will be future members of our great Lions Club.

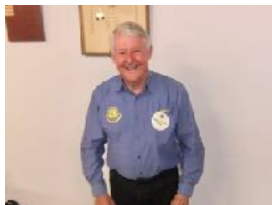
SPONSERS

Lion Judi Hughes
Lion Don McCarroll
Lion Des McLean
Lion John Osborne
Lion Barry Simms

GUESTS

Tony Edwards & Lyn Fitcher
Val McCarroll
Kevin Mangini
Karen Williams, Jessica Williams & Andrew Valov
Ann Simms, Peter and Kathy Marshall

We hope that all our guests who attended this meeting enjoyed themselves and we all look forward to seeing you in the near future.



GUEST SPEAKER - PDG GARRY IRVINE

(Lions Cancer Institute)

PDG Garry Irvine was officially introduced to the club by PDG Neil Saunders where he spoke to the members and guests, about PDG

Garry's involvement the Lions Cancer Institute, which has been over many years.

PDG Garry then outlined the great work the Cancer Institute does with their two mobile skin cancer screening units in rural WA, emphasising the importance of early detection and treatment of skin cancers, which saves lives. This free service is only made possible by the generosity of the institutes Screening Team In providing this service. A panel of volunteer Dermatologists, Plastic Surgeons, GPs, Dermoscopists, Administrators and Drivers have voluntarily given over 2200 hours of their time. This work has been shared by the 16 Volunteers on the Screening Panel and the 15 Volunteers on the Driver and Administration panel. PDG Garry also spoke about the early days of the Lions Cancer Institute up to the present day and the plans for their future

After PDG Garry's informative and passionate talk about the Lions Cancer Institute he was then given a vote of thanks on behalf of the Club by Lion Stephen Cannon, the club showed their appreciation, in the usual manner.



Members and guests, listening intently to PDG Garry Irvine's informative talk on the Lions Cancer Institute



From the website **History**

The Lions Cancer Institute Inc. is a project of the **Lions Clubs of Western Australia** and was formed in 1989. Incorporated in 1990 it became affiliated with the **University of Western Australia** in 1994 and in 1996 in association with The Cancer Research Institute formed the Centre for Applied Cancer Studies at the University of Western Australia.

The Lions Cancer Institute laboratories were initially located in the Infectious Diseases Transportable located off Moore Street Perth WA.

The Institute later moved to the Medical Research Foundation building at 50 Murray Street Perth on completion of the building then to Park Lane, part of the original University of Western Australia campus. The Institute's offices then relocated to Oasis Lotteries House Unit 7, 37 Hampden Road, Nedlands. Laboratories were housed in the Department of Pharmacology on the UWA, Nedlands campus.

Initial funding came through Lions Clubs and from a group named The Friends of the Lions Cancer Institute. They were formed to raise funds towards cancer research in association with the Lions Cancer Institute.

Debut

The program first started with an ad-hoc screening in Muckinbudin in 1990 where a team screened two hundred persons with approximately 5% referral rate. The screening has continued operating and has screened over 75,000 persons in Western Australia with an average referral rate of 28.4% (Figure as at 2018). Some 1,300 plus of those patients had a preliminary diagnosis which involved a possible life-threatening lesion(s). (Figure as at 2018)

In 2006 the Institute was approached by the **Royal flying Doctor Service in WA** to run a joint venture program with their 'On the Road' service teams providing skin cancer screening to more remote areas. Results in all of these areas show a need for such a screening service. Funding for those extended trips was provided by **Regional Development Commissions, Royalties for Region and Mining Companies**, however a change in the management structure of the RFDS saw the 'on the road program' discontinued.

The **South Australian Lions** now have a mobile skin screening program similar in operation to that in WA, operating in South Australia and Northern Territory. The legal identity under which the SA program operates is the **Lions Medical Research Foundation** (LMRF), an agreement exists between the Lions Cancer Institute and LMRF ensuring the protocols and staff training established over many years is maintained.

Mobile Screening Units

The first mobile screening unit was launched in August 2002 a caravan consisting of three fully equipped screening booths offering both audio and visual privacy, equipped with magnification scopes and cameras, good lighting, a small office area and an annex for reception. The unit is towed by a light truck fitted with a generator and potable water supply.

The second mobile screening unit is a converted 12.5m coach with similar facilities, generator, water tanks etc. are in bins below, both units are equipped to accommodate four passengers plus the driver however many of the screeners may elect to find their own way to the screening locations.

The Challenge for the Future

Since formation of the Institute in 1989 the aim of **the board** has remained focused. Progress towards our final goals has been slow however we believe that the Board's decision to support both PhD and Honours students who are our future scientists will assist the Institute in meeting the following challenges:

The Lions Cancer Institute **mobile service** which would be a full-time service to rural regions staffed by trained Volunteers who will when required be able to access specialist opinions via telemedicine.

To offer Training courses in the Diagnosis and Assessment of Skin Cancer for GPs, Nurses and other selected applicants and are available by contacting the Institute. As aforementioned the program is now operating in South Australia, Northern territory and is being investigated in Victoria and New Zealand through the Lions Organisation all under the banner of the Western Australian Lions Cancer Institute.



B.G's Honey

Robert Garratt
Registered
Bee
Keeper
RG7

0450 288 221

I press the honey out of the comb. Then a coarse screen to remove large particles. The honey is not heated or filtered. It contains **POLLENS** and **PROPOLIS**. The honey will appear grainy just how it should be **RAW**

Raw Gold Pressed

bgshoney3@gmail.com

LIONS EVENTS CALENDAR

MONTH	DATE	EVENT
NOVEMBER	3/11/20	Board Meeting
	6/11/20	WA Lions Hall of Fame
	7/11/20	Recycling Saturday
	10/11/20	Dinner Meeting
	19/11/20	BBQ Mandurah Rotary Club Golf Day
	22/11/20	Halls Head Swap Meet Collecting Bay fees
	20-22/11/20	201W2 District Convention, Busselton
	24/11/20	Dinner Meeting
DECEMBER	1/12/20	Board Meeting
	5/12/20	BBQ Midway Community Care
	5/12/20	Recycling Saturday
	8/12/20	Dinner Meeting
	11/12/20	BBQ/Santa - Treasured Tots Early Learning CANCELLED
	22/12/20	Dinner Meeting
	24/12/20	Christmas Eve deliveries
JANUARY	2/01/21	Recycling Saturday
	5/01/21	Board Meeting
	12/01/21	Dinner Meeting
	26/01/21	Dinner Meeting

Have a Laugh

After Christmas, a teacher asked her young pupils how they spent their holiday away from school.

One child wrote the following:

We always used to spend the holidays with Grandma and Grandpa.

They used to live in a big brick house but Grandpa got retarded and they moved to Batemans Bay where everyone lives in nice little houses, and so they don't have to mow the grass anymore!

They ride around on their bicycles and scooters and wear name tags because they don't know who they are anymore.

They go to a building called a wreck centre, but they must have got it fixed because it is all okay now. They do exercises there, but they don't do them very well.

There is a swimming pool too, but they all jump up and down in it with hats on.

At their gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out, and go cruising in their golf carts!

Nobody there cooks, they just eat out.

And, they eat the same thing every night --- early birds.

Some of the people can't get out past the man in the doll house. The ones who do get out, bring food back to the wrecked centre for pot luck.

My Grandma says that Grandpa worked all his life to earn his retardment and says I should work hard so I can be retarded someday too.

When I earn my retardment, I want to be the man in the doll house. Then I will let people out, so they can visit their grandchildren

A young man was walking through a supermarket to pick up a few things when he noticed an old lady following him around. Thinking nothing of it, he ignored her and continued on.

Finally he went to the checkout line, but she got in front of him. "Pardon me," she said, "I'm sorry if my staring at you has made you feel uncomfortable. It's just that you look just like my son, who just died recently." "I'm very sorry," replied the young man, "is there anything I can do for you?" "Yes," she said, "As I'm leaving, can you say 'Good bye, Mother'? It would make me feel so much better." "Sure," answered the young man. As the old woman was leaving, he called out, "Goodbye, Mother!" As he stepped up to the checkout counter, he saw that his total was \$127.50. "How can that be?" He asked, "I only purchased a few things!" "Your mother said that you would pay for her," said the clerk.

*My forgetter's getting better,
But my rememberer is broke
To you that may seem funny
But, to me, that is no joke*

For when I'm "here" I'm wondering
If I really should be "there"
And, when I try to think it through,
I haven't got a prayer!

Oft times I walk into a room,
Say "what am I here for?"
I wrack my brain, but all in vain!
A zero, is my score.

At times I put something away
Where it is safe, but, Gee!
The person it is safest from
Is, generally, ME!

When shopping I may see someone,
Say! "Hi" and have a chat,
Then, when the person walks away
I ask myself, "Who was that?"

Yes, my forgetter's getting better
While my rememberer is broke,
And it's driving me plumb crazy
And that isn't any joke.!

HOW'S YOUR COLLECTING GOING?

MESSAGE FROM THE TREASURER

Administration Fundraising: Our Club has set up a second Scheme ID for refunds to be paid into the Administration Account. However, do not use the ABN when registering a Scheme ID for Administration fundraising. **An Administration Account Scheme ID should only be given to your Lions Club members and not promoted in the community.**

|

You do not need to bring your containers into the club, although special bins will be available at the clubrooms for collection, but if required you can take items directly to any participating outlets.

Just give them the following number for funds to go into our Admin account

Administration Account

Use only

Containers for Change

Project

ID No C10285448





Australian Lions Hearing Dogs (ALHD) continues to be generously supported by Lions Clubs across Australia, which for more than 40 years, have provided the much needed funds to run our Hearing Assistance Dog program. This help from Lions Clubs enables the procurement, training and delivery of Hearing Assistance Dogs to people suffering from severe to profound hearing loss all around Australia.

The need for this vital support from Lions Clubs continues and will in fact increase along with the growing demand for Hearing Assistance Dogs. More and more lives are being enhanced by these clever dogs and the friendliness provided by local Lions Club volunteers through the delivery process and beyond.

With a waiting list stretching to two years and growing exponentially, ALHD has become a victim of its own success. From the existing National Training Centre in the Adelaide Hills, ALHD has reached its capacity to output trained Hearing Assistance Dogs each year. We simply need to expand the facility and grow; doing nothing is not an option.

With 1 in 6 Australians suffering from hearing loss, this is an enormous problem on a national scale, and something of great concern to both Lions Clubs and Specsavers Audiology. Specsavers Audiology, with over 165 stores across the country, has seen the community service that ALHD provides; and with an aligned purpose, has stepped up to become a major sponsor of ALHD's Training Centre expansion project.

Specsavers is already a keen supporter of Lions Australia, so along with its commitment to make major contributions over the next few years to ALHD's building project, our two organisations' partnership strengthens even further.

Specsavers Audiology partners with some of the country's best local audiology professionals to provide expert care and advice. With local community at the heart of everything they do Specsavers audiology professional's are passionate about connecting with Lions Clubs in the regions they are located to offer expert care and advice, along with ensuring Lions members have access to the outstanding every day value on latest technology hearing devices tailored to fit individual needs. Your local Specsavers Audiology professional can attend your Lions Club meeting as a hearing loss expert to provide guidance on:

- Managing hearing loss
- Separating the truth from fiction about hearing loss
- Lifestyle practices that can help slow down hearing loss
- Offer free hearing screeners to detect hearing loss
- What type of care and service Lions members can expect from Specsavers audiology professionals when they come into store

Please welcome Specsavers Audiology as our hearing care partner; we look forward to keeping you updated as our new partnership develops.

If you have any questions or would like to engage a Specsavers Audiology professional to come to your Lions Club, please don't hesitate to contact Tass Schmidt, Development Director for Australian Lions Hearing Dogs at tass@lionshearingdogs.com.au or phone her on 08 8388 7836.

Yours in service,
Lion David Horne
Chief Executive Office



OUT AND ABOUT

WELLNESS WEDNESDAY (Mental Health Week)

As part of Mental Health Week Wellness Wednesday promotes mental health and raises awareness of the importance of mental health and well-being in the wider community. Our club again was asked to cook a sausage sizzle and we had eleven Lions led by Lion Barry Simms, helped to make it a successful day.

We also incorporated, a new member drive with President John Osborne picking up a few prospects.



Left: President John spreading the word about Lions to the Wellness Wednesday crowd



Right: Lions, Gordon Nunn, Dave O'Leary, Denice Knight and our organiser Barry Simms prior to the bbq getting into full swing




Below: Lion Stephen Cannon serving customers with Mary Cooper looking on



LION RON DRAPER'S 90th BIRTHDAY



 Left: Lion Ron Draper, cutting his 90th birthday cake closely watched by one of his daughters Ila, and in front of about 35, family and friends. Lion Ron joined the Merredin Lions Club in 1983 before transferring to our club in 1987/88, he has been a member of good standing for 37 years, although, through failing eyesight and hearing over the last couple of years, he has not been as active.



The lions that attended were Barry Sutton, Dick Ingle, Graham Bateman, Harald Lorek, Denice Knight, Dave Knight and Friends of Lions Mary Cooper and Jenny Ingle





Australian Lions Children's Mobility Foundation (ALCMF)

Lions within Australia are working hand in hand with the State Cerebral Palsy Associations to assist children who are affected by Cerebral Palsy, providing funding for Hart Walkers and other mobility devices to allow children to stand and walk to the best of their ability. The Motto of the Australian Lions Children's Mobility Foundation is "Walk With Pride". Mission Statement is "To fund mobility devices for children with disabilities, giving these children a chance to walk".

OUR OBJECTIVES

- To fund walking devices for every child in Australia who needs one.
- To empower children to reach their potential.
- To partner with State and Territory cerebral palsy organisations.
- To work with physios and therapists who assess the individual needs of children.

In the beginning ...

In 1996, the Whitfield family of Allambie in Sydney were told about the Walker by a doctor who had seen it while visiting in the UK. Peter and Sophia Whitfield's son Luke, then four, was born with cerebral palsy and they were determined to help him in any way they.

The family travelled to England in 1996, for Luke to be fitted with The Hart Walker. Not only did Luke experience walking for the first time in his life, but his general health also dramatically improved. The family was so impressed with the results and the positive impact on Luke's life, they wanted as many children as possible to benefit from the Walker. They approached The Spastic Centre of NSW to raise funds and start The David Hart Walker Program in Sydney. The Children's Mobility Program incorporating the Hart Walker was established in November 1996 by The Spastic Centre of New South Wales and was granted the Australian licence by David Hart.

In February 1997, in response to the Whitfield family's request, The Spastic Centre sent five children, accompanied by their parents, an orthotist and a physiotherapist, to England to be fitted with the Hart Walker. The therapists were trained personally by David Hart, in the fitting and ongoing care, training and monitoring of these young children as they develop and grow. In February 1998 The Spastic Centre sent another Orthotist and Physiotherapist to England for training to prepare the program for the increasing demand. The Spastic Centre's trained staff are authorised by David Hart to train physiotherapists and orthotists to fit and maintain walkers around Australia, making it possible to have teams trained in every state. There are children enjoying its benefits in every state and territory of Australia.

The demand for the Walker is constant, because as more children are fitted, word spreads about the Walker's benefits, and new children are added to the list for assessment. The Walkers are imported in kit form from Canada.

The Hart Walker

Developed by UK inventor David Hart, this Walker allows children to experience walking often for the first time in their lives. As well as providing hands-free mobility, the Walker can also lead to a number of other health and social benefits. Parents have reported it can improve general fitness, build strength, muscle control, balance and co-ordination.

Use of the Walker allows easier social contact and increased self esteem that comes with standing, walking and playing at peer level.



General health can also be improved as children who are constantly seated can experience respiratory and digestive problems.

What some parents have observed!

Their child finds it easier to play and interact with other children. They also report their child has grown faster since using the Walker and their general health and social skills have improved.

While it may appear deceptively simple the Hart Walker actually has up to 1,000 working components. It is a walking aid, which allows children with severe physical disabilities, especially those with Cerebral Palsy, to learn to stand and to experience hands free walking. As the child gains strength and co-ordination the support mechanism is adjusted.

Mulholland and **Meywalk** walkers are available for any age and size, and are suitable for children who are not able to bear weight, or are only able to do so for very short periods. Many require the ability to take weight through their arms and hands.

There are several types of **Pacer Gait Trainers** which provide for the higher support and control requirements of some children. The **Pony Walker** has more trunk control, and requires less hand grasp.

Various other walkers are prescribed which allow greater freedom than any of the above in terms of access and independent use, and are suitable for children who are at least able to be ambulant in the house.

These include the **U walker, Kaye walker, Spider walker, gutter walker, Grajen walker, Arrow Walker, Rollator** and others.

The **Chandi Walker** designed in Western Australia allows hands-free mobility and is adjustable for a wide range of young children. This walker is suitable for children with mild to moderate disability who are able to bear weight and step independently when supported at the pelvis.

What we do

We empower children who can not walk without assistance to reach their potential. We do this by obtaining funding through the Lions organisation for walking devices that get kids out of their wheel chairs and on to their feet so they are able to walk, explore, play, work and socialise. This makes them stronger and healthier – physically, emotionally and mentally. Walking is our gift to the child, a gift that benefits the child, their family and friends.

Our on-going goal is to provide a walker to every child in Australia who needs one.

Who we are

Many Australian children cannot walk due to medical conditions like Cerebral Palsy. They can't run or jump or play like other kids. Often they're stuck low in a chair and can't even talk eye-to-eye.

However, by facilitating the funding of specialised walking devices, the Australian Lions Children's Mobility Foundation (ALCMF) helps get them out of their wheel chairs and onto their feet, empowering each child to reach his or her potential.

We help children walk

A range of walkers are available to cover every level of disability for children up to 18 years old. Identifying the correct walker takes into consideration the need for balance and occasional support, through to full support of weight, whilst still being able to step forward.

We as Lions are not able to assess which device is the best for each individual child, and therefore, we rely on the professionals who are working with the children to advise which is ideal for that particular child.

THE FACTS

2247

Children have been fitted with a walker.

\$13m

Provided through ALCMF to fund walkers.

How it works

We rely on the child's therapist or physiotherapist for referrals.

Physiotherapists and therapists:

If you know a child who would benefit from a walking device (to enable them to walk) – this is the process to work with us

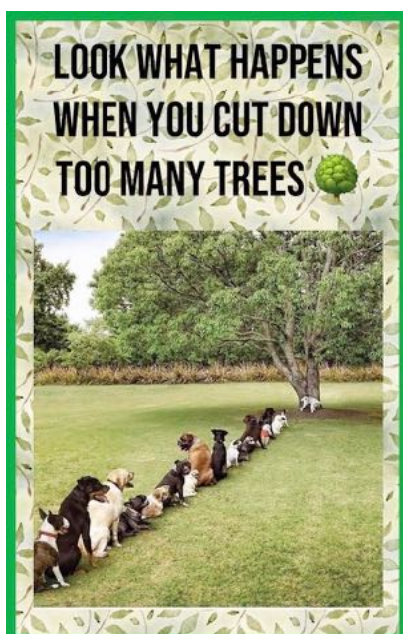
1. First speak with the child's parents or carers.
2. Contact us via our Contact page.
3. A Grant Application (GA) will be required to be completed and forwarded to the appropriate State or Territory partner who will log it and then contact our Registrar.
4. The Registrar will then send the GA to the appropriate State Trustee who will begin the funding process.
5. Funding will come via the Lions, Lioness and/or Leos of Australia. We also work with corporate sponsors where possible.

Parents and carers:

Contact your Physiotherapist or Therapist.



“THE SMILE, SAY’S IT ALL”



Rules of Procedure and Debate

The following rules of procedure and debate shall be observed at this Convention:

1. Subject to any decision of the Convention to the contrary, the rules in "Law and Procedure at Meetings in Australia", by P. Joske shall govern the Convention in all cases to which they are applicable and in which they are not inconsistent with the Multiple District 201 Constitution and By-laws.
2. The presence in person of 40% (forty), or greater part thereof of the Delegates accredited at the Convention shall constitute a quorum at any session.
3. The order of business as listed in the official programme shall be the order of business of this Convention.
4. This order of business shall not be departed from except with the consent of three quarters of the delegates assembled at any session at which a quorum is present (therein referred to as "a three quarters vote in favour").
5. Each motion shall be moved and seconded, after which the Chairman shall ask for it to be read to the Convention. Following this, the mover shall be entitled to speak first on the motion followed by the seconder and the motion shall then become open for discussion.
6. The Chairman shall call for speakers against and for the motion, or amendment, alternately after the mover and seconder have spoken.

(i) No Delegate shall be entitled to speak more than once on any motion or amendment (except the mover while exercising right of reply) or speak longer than the time limited in these Rules or in the Multiple District Constitution without a two-thirds vote in favour in every case.

(ii) An amendment to a motion shall become the property of a Convention when it has been duly moved and seconded and accepted by the Chairman. Such amendment may add to, or alter, but shall not directly negate the original motion or be of a nature that the original motion loses its identity.

(iii) Only one amendment at a time shall be dealt with, although a further amendment may be foreshadowed. No amendment of an amendment shall be permitted. The mover and seconder of a motion may speak against an amendment; and in so doing, the mover does not lose the right of reply to the principle motion.

(iv) If an amendment is passed then the motion, as amended, shall become the motion before the Convention and may be further amended. If the amendment is defeated, the motion remains the motion before the Convention.

7. Subjected to rule 6

(i) The mover of any motion shall be allowed a maximum of five minutes to put his/her case and any subsequent speaker (including a mover exercising his right to reply) a maximum of three minutes.

(ii) Representatives of proposed Convention Host Clubs shall each be allowed five minutes to put their case.

(iii) The Chairman may limit the time to be taken on any question.

8. No person except for a member of the International Board, a Member or any Officer of the Multiple District Council, a Member or any Officer of District 201W2 Cabinet, or other accredited Delegates may

(i) Raise any point of order;

(ii) Propose or second any motion or amendment or speak thereupon without a three quarters vote in favour in each case

9. Non-delegates, Lionesses and Leos may be permitted to speak on Notices of Motion, after Delegates have spoken and before the Mover's right of reply in the ratio of one "FOR" and one "AGAINST".

10. The Chairman may require any amendment of notices of motion to be in writing before being dealt with.

11. The Chairman may require any motion or amendment to be divided.

12. Only Delegates may vote and in these rules "Delegate" includes an alternate delegate while acting as a Delegate.

13. Voting shall be by show of the Delegate's voting card except:-

(i) As otherwise provided in the International or Multiple District Constitution and By-laws.

(ii) For the selection of candidates to fill positions on District Committees and the like, including selection of Convention Host Club, in which cases voting shall be by secret ballot.

(iii) As otherwise resolved by the Delegates assembled at any session at which a quorum is present.

14. If a principal motion is indefinitely postponed or rejected at one session of this Convention it cannot be reintroduced at any later session without a two-thirds vote in favour.

Voting Procedures

15. Only authorised delegates of Lions Clubs in District 201W2 may vote, either on the Convention floor or during any ballots. An authorised Delegate must hold a coloured voting card which is issued to him/her by the Cabinet Secretary or his/her representative during delegate accreditation. This card must be kept available at all times by the delegate, only delegates with cards will be counted during a vote.

Where a delegate cannot be present at any time during the Convention, the voting card may be used by an authorised alternate delegate only.

For the voting card to be issued, the name of the delegate must be recorded by the Cabinet Secretary in accordance with the Constitution. It is not sufficient to have registered with the host Lions Club.

2 In addition, the Club must be financial in respect of International, Multiple District and District dues.

The voting session for issues to be decided by formal ballot will be held in accordance with Article 7 Section 1 and Section 9 of the District 201W2 Constitution.

Delegates must attend at the designated voting location which will be announced during the Business session. Ballot papers will only be issued on presentation of the voting card by either a Delegate or Alternate.

Ballot papers must be completed in accordance with the instructions on the paper. Ballot papers that are not marked in accordance with the rules for voting are deemed to be informal votes and cannot be counted.

To make a formal vote on your ballot paper you must number every box with a consecutive number according to your preference. By not completing the boxes or placing an X in a box the vote could be made invalid, if you make a mistake return the ballot paper to the Cabinet Secretary and obtain a new one.

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LAP THE MAP FOR DIABETES

Saturday 14th November 2020

In January 2019, the Lions MD201 Council of Governors adopted to promote as its key direction in the Fight against Diabetes.

“To conduct activities and projects that Promote Healthy Lifestyle and improve Education awareness about Diabetes”.

Those efforts are now directed to a MD201 activity in 2020, with all Clubs encouraged to participate in a National Day of Action through **LAP THE MAP FOR DIABETES** to support World Diabetes Day (WDD) November 14th, 2020.

What is “Lap the Map”?

All Clubs are being encouraged to plan and conduct an event that engages members of the public in an activity that promotes a key preventative strategy for Type 2 Diabetes – exercise. This could be a walk, run, ride, swim, jog, Pilates, dance or gym workout (invent your own) that can be recorded as kilometres covered. The aim is to collect all kms travelled by events across Australia to try to achieve 25,760 kms – the circumference of Australia, Tassie and the major islands!

At the same time, Clubs will be expected to provide some information and promotion of Diabetes awareness such as symptoms, risk and prevention. As an added bonus this year, it is proposed to provide participating clubs in W2 with a supply of step counters or pedometers to give away to members of the public as a motivational gift, after all, exercise needs to be an everyday event!

To participate in this great fun initiative and do your bit for Diabetes Awareness, your Club will need to start organising your event as soon as possible. For more details and to receive a complete guideline manual on how to conduct your Lap the Map event, you will find all the documentation on the W2 website – see: <https://201w2.lions.org.au/lapthemap> For further information contact:

PDG Grant Hewett, W2 Service Coordinator E: gst201w2@gmail.com M: 0417 919 777



Lions Myalup Pines Cottages A Project of Lions District 201W2.



Lions Myalup Pines Cottages has bounced back after a four-month hiatus caused by the Covid-19 restrictions with bookings booming as visitors escape from the city to the South West. From being physically closed to all visitors during the lockdown to being fully booked for most weekend from now until Christmas and beyond, things are looking good for the future!

Myalup Pines is now the proud owner of a new Tractor and Isuzu D/Max four-wheel drive, thanks to the support of local Zone 11 Lions Clubs, which has enabled, our hard working Managers Roy and Marie, undertake numerous upgrades to the facilities and surrounding areas.

As we did last January, we intend closing the facility for a week between Monday 11th January and Sunday 17th January 2021 to enable maintenance to be carried out on the hall and seven cottages including interior and exterior painting, cottages repairs and ground maintenance. We will also be erecting the new 10m x 6m colourbond machinery shed which will house the tractor and 4 w/d Ute under lock and key. This shed was purchased from the Lions Club of Canning City (W1) and requires the laying of a concrete pad, prior to the erection of the shed. This will happen between now and December.

All Lions Club members are encouraged to take up our offer of free accommodation during this closure in January, to share a cottage with fellow members in return for assisting Roy, Marie and the committee in a working-bee week to maintain and improve the Myalup Pines facilities. Stay overnight or a couple of days but remember to bring your own bed linen, pillows, food and drink.

Finally - we also require three new Board members to serve on the Myalup Pines committee – interested Lions should nominate in writing through your Club to go to the 2020 Busselton Convention in November. The committee meets monthly at Myalup and usually includes a casual BBQ lunch. If you feel you can contribute to this District Project, please consider nominating, you won't be disappointed.

Lion Helen Lamb
Publicity Officer
Lions Myalup Pines Cottages



BULLETIN DEADLINE

The publication date for the monthly bulletin is the first club meeting of each month.

Articles and reports need to be in to the Editor by the First Monday of the Month unless otherwise notified.

Articles received after this date, may not be accepted.

I look forward to your contributions.

Dave Knight 0400199840

dkni5048@bigpond.com

“Sometimes you will never know the value of a moment Until, it becomes a memory”



TRY HUGS



Not Drugs

Lions Support Drug Education Programmes

I LOVE ME



WALDEF WA LIONS DRUG EDUCATION FOUNDATION



Have you asked the question



My thanks go to PDG Peter Lamb, Lion Wendy Ripley, Lion Des Mclean and all Lions that have taken Photos and sent them through to me it is very much appreciated, remember it is not my bulletin, IT IS YOURS. So if you are involved in a project or just returned from a trip somewhere, send a photo to me, with a short description that would be great. Many Lions have had wonderful and interesting lives that would be of interest to other fellow Lions, so if you want to put pen to paper or that finger to the keyboard, write a short synopsis of your life story and your Lions journey, then send it through to me.

WE BELIEVE EVERY CHILD DESERVES A CHANCE AT A HEALTHY LIFE



**LEHP-Australia
Lions Eye Health Program**



Its been a tough year
for everyone...
but Christmas is still
coming!



LIONS CHRISTMAS CAKES & PUDDINGS

Vision Statement

To be the global leader in community and humanitarian service.

Mission Statement

To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs.

Aims of the Lions Australia National Christmas Cake Program

- To promote the Lions Clubs International organisation to the general public and to raise awareness of the community service programs undertaken by Lions Clubs in their local communities, nationally and internationally with a high profile, high quality product for sale exclusively by Lions Clubs.
- Through the sales of Lions Christmas Cakes and puddings raise significant funds for distribution by Lions Clubs to worthwhile service projects in their local communities and other national and international Lions Clubs International programs as appropriate, operating in their local communities.
- To further promote the Lions Clubs International Purposes whilst complying with the Lions Code of Ethics, i To Coordinate the activities and standardise the administration of Lions clubs.

History

The Multiple District 201 (Australia and Papua New Guinea) Christmas Cake Program had its beginnings back prior to the 1965 International Convention in Los Angeles where the late PDG Captain Philip Lusher was to be inducted as District Governor, District 201B. PDG Philip, whilst in North America prior to the Convention, visited a number of Clubs in Canada, and whilst attending a meeting of the Lions Club of Montreal, heard of the "Lions Christmas Cake" program, and returned to Australia with full organisational details for the information of his fellow Governors.

District Governor 201 E, the late Ken Fenwick and his Cabinet Secretary the late Lion Ern Smith introduced the program to their District with home baking and packaging of Lions Christmas Cakes in the Goulburn, NSW area.

The following year, Lions of the Multiple District were seeking a National fund raising project to support "SAVE SIGHT" activities and the Council Chairman, the late PDG Jamie Jamieson, called for ideas for a project to fund the campaign.

Lion Ern Smith suggested to his District Governor, that Lions should sell Christmas Cakes and the project brought back from Montreal Lions Club by PDG Captain Philip Lusher should be expanded to a National program. His Governor told him he was crazy. The Council Chairman noted the exchange and called on District Governor Ken for comment, who said "This clown of a Cabinet Secretary of mine has suggested we should sell Christmas Cakes!" It was immediately formulated, moved, seconded and adopted that Lion, later District Governor, Ern Smith, be given one week to formulate a plan to bring his idea into being.

The first "LION SAVE SIGHT CHRISTMAS CAKES" were baked by Big Sister, part of the Reckitts and Coleman group of companies, and were three pound cakes.

The project immediately proved successful, and sales have been constant over the past two decades, after reaching astronomical sales on the inception of the program.

In 1975 the cake became “metric” and converted to 1.5kg and reduced in packaging from twelve to ten per carton. This resolved many headaches for Club Chairmen with stock control records and book keeping made so much easier.

In 1986, Council adopted a recommendation from the National Cake Committee that the cake be manufactured to a lower, larger profile which has proved popular. Cakes have been baked by Australia’s leading food companies, including Big Sister, Gartrell White, Arnotts, Sarah Lee, and since 1983 by the present manufacturer, “Top Taste,” (the baking division of George Weston Foods Limited).

www.gwf.com.au

1998 saw the introduction Nationally of the 1kg Lions Christmas Cake to the program. A 1kg cake program had been successfully marketed by District 201 N5 (formerly District 201 N2 and N5) for many years. In 1999 the Iced Cake was introduced, but has been discontinued.

In 2010 a Lions Traditional Pudding has been added to the product range and is 900 grams in size in a blend of 45% fruit and wonderful traditional spices.

All cakes and puddings are baked to the relevant identical recipe by the manufacturer, ensuring a uniform, high quality product.



We get asked a lot for allergen advice and what is required of a food business regarding food allergies. Food businesses and Food Handlers need to be aware of any allergens in the food they prepare and sell. To help you to identify the 10 key allergens and some tips around allergy facts and training we have provided the following

Food Skills & Knowledge

The 10 Allergens that legally need to be declared are

-
- Peanuts
 - Tree Nuts
 - Milk
 - Eggs
 - Sesame
 - Fish
 - Shellfish
 - Soy
 - Wheat
 - Lupin

Preventing Allergic reactions in your food business

Unfortunately, most fatalities related to a food allergy occur outside of the home, which indicates that some food businesses:

- do not have effective process for preparing foods for customers with food allergies.
- are not training staff about food allergies so they understand what information they need to provide to customers.
- are not training staff to ask customers about food allergies.
- are not training staff on food safety best practices to prevent cross-contamination.
- are not effectively communicating allergy requests.
- are not adequately preparing to handle emergency situations

From the ZONE 9 District Governors Advisory Meeting

HELD AT ROCKINGHAM BOWLING CLUB

26th October, 2020

PRESENT: 22 members attend the 1st DGAM for this Lions year.

CLUB REPORTS: All speakers were encouraged to come to front of group and with use of microphone, spoke on their reports and any Q and A were taken at the end of each report.

Rockingham City: President Hazel gave a comprehensive report on the many projects and activities the club is involved with. Membership is currently at 39, which is fantastic. They support 9 schools at end of year assemblies with Dux Awards. December 2019 kept them busy wrapping Christmas presents. One of their main projects was replacing and extending the outdoor patio area at Ngala. Bunnings Sausage Sizzles have recommenced, with some changes due to Covid. For a bit of fun, they entered a team in the Corporate Bowls event, which was good for a laugh or two.

Port Kennedy: President Bernie updated us on what is happening at Port Kennedy. They currently have a membership of 16. Christmas cakes are ordered, with shopping centres booked. Their 1st Bunning Sausage sizzle is early in November. Containers for Change is being done by this club, with a couple of great ideas on collection of containers. Rockingham recommenced their meetings in a park environment, then held some at Bethanie Homes, with their Changeover moving back to their normal premises.

Falcon 'The Island' Club Lions President Ian gave an update on what has been happening at Falcon before, during and after Covid. End of 2019 was extremely busy, with fundraising BBQ's, Santa Sleigh, Father Christmas and sizzles at many child care centres. Along with a great Christmas Cake result. Their annual 'Kids Fishing Competition' in January 2020 had another great result. Falcon locked down for three months, but were busy assisting, elderly disabled and homeless. Shopping was done for some whose Doctors had welfare concerns about them out in the early stages of Covid. Medical runs and Welfare checks were organised for others in conjunction with other sources in Mandurah. These funds were only to be directed to Covid requirements. Food hampers were purchased and assembled with assistance from a local politician with their volunteer staff. A very proud President Ian expressed how well Falcon members are quick to assist community and their own.

Baldivis Lions: President Kay, was able to give us a rundown on how Baldivis has been operating prior to Covid and since. With a membership of 27 including a past Leo joining their club. Baldivis have many community events continuing, including Community Market and Twilight Markets. Baldivis this year have become involved in the LEPH Vision Screening with 3 member trained and involved with testing. They are aiming to test schools in their area during 2021. A large project Baldivis has coming up is their Golf Event at Secret Harbour Golf Club. Kay invited all at the DGAM to join in.. They are looking at other activities to assist with Admin account, by doing phone book deliveries, along with a letter box drop of leaflets. Club now has a Marketing Chairman. 5 members will be attending Convention. A new initiative was trialed this year for the club Awards was held at the Community Market site. Great turnout with family and guests.

Mandurah: President John was able to update some of the changes that have been happening at Mandurah. With a membership of 46 and 'Bring a Guest' meeting due to be held, with 10 guests already attending, there is hope of some new members. This year the 3 VP's have chairman of committees reporting to them. They are investigating a branch club to encourage some younger (30-40) age group to join in. It was felt that all Club projects are due for a review as to their relevance and popularity. A joint project with Falcon, is providing a car for a Youth with medical issues. One of the members came to the club with a new idea. Due Diligence is currently being done with a committee now assisting. This project is looking at providing accommodation for Kids with Cancer to have a weekend break in Mandurah. Watch this space for further information.

District Update: ZC Margaret reminded delegates who are attending W2 and W1 Convention in Busselton, to fully discuss with their club the motions that are to be discussed. Delegates will have majority club decision, or clubs can give permission for delegate to vote as they see fit on behalf of their club.

Lap the Map was also discussed, with some clarification around how Clubs can manage and contribute. It was explained that individuals can do laps and keep note of kms covered. Some clubs are doing sizzles with funds going to Diabetes Research etc. Members are also joining other members to make a social outing of the day. All results are to be emailed to Grant Hewett via email : granthewett@bigpond.com

Convention 2021 – Rockingham Rob Dedman gave a quick update on what is happening with their plans for 2021 Convention.. Accommodation and their different format was shared. Further Convention discussion will be held over until after Novembers Convention in Busselton.

Zone Chairman Margaret Landwehr
District 201W2 Zone 9



Lions International Peace Poster & Essay Contest

For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity. The Peace Essay Contest was created to provide an opportunity for visually impaired young people to express their feelings of peace and is, along with the Peace Poster Contest, a staple of Lions clubs around the world.

To sponsor the Peace Poster Contest, Lions clubs can order a contest kit from January 15 to October 1. A kit is needed for each contest sponsored. Clubs can purchase kits from the [Lions Australia Club Supplies Store](#).

Each kit contains:

- Official Club Contest Guide and Rules
- Official School or Youth Group Contest Guide and Rules
- Participant Flyer to duplicate and give to participating students to take home
- Sticker to place on back of winning poster
- Certificates for contest winner and school or youth group