



August

BULLETIN



PRESIDENT Barry Simms
 SECRETARY Peter Lamb
secretary@mandurahlionsclub.info
 TREASURER Rob Garratt

Clubrooms (08)95813122

MEAL and APOLOGIES
 Lion Helen Lamb
 email: helen@lambgroup.com.au
 Phone: 0407377572

Members Please note you will need to complete the link in Helen's EMAIL by **6pm** on the **Saturday prior**, those who fail to request might not get a meal .



PRESIDENT'S REPORT LION BARRY SIMMS

At our last meeting, I spoke about our club being involved in the Lions Junior Public Speaking Program in the Mandurah area which will include students from years 3/4 and 5/6. Public and private schools will be invited to participate.



The Lions Junior Public Speaking program has been running successfully since 2007 in the 201V6 District. In 2016 it became a Multiple District project. Each year, more and more Schools, Clubs and Districts are becoming involved. Students really enjoy the program and reap the benefits for years to come. Teachers are enjoying the program and making it part of their class curriculum as it incorporates story writing, research, speaking in front of the class, etc.

There have been quiet, shy students, too timid to speak...stand up and deliver a speech that has simply blown judges away and they have gone on to win the Competition. It's amazing what this program can do for the kids that participate - not to mention the benefits that Club members receive as well.

I have approached the Manjar Toastmasters Club who are keen to participate in the program. Should you wish to participate in this worthwhile program please contact me and I will organise a meeting to explain how the program is run and how you can participate.

A few months ago Stephen and I applied for a grant through our local Federal MP. The grant is to replace the refrigeration units in our equipment shed and to give some members the opportunity to participate in a First Aid course.

We recently received feedback from the Department of Social Services advising our application is being assessed and we should be advised of a decision in November 2021.

**1ST VICE PRESIDENT'S REPORT
LION PAUL CARROTTS**



1st Vice President Paul responsibilities are as listed below.

We need members names against these tasks, I'm sure most can be filled with the same members as we had last year, just let me know.

- Catering
 - Bar Operations
 - Members Welfare
 - Hall Bookings
 - Hall Customer Relations
 - Hall Maintenance
 - Hall Consumables
 - Club Elections
 - Changeover
 - Equipment Maintenance
 - Raffles
 - Block Development
- Lion Denice Knight



FOR THE DIARIES

THE ANZI Pacific Forum has been deferred for 12 months, due to Covid. The Forum will still be held in Cairns Queensland, date to be confirmed

**September is Child Cancer Awareness Month
The problem of childhood cancer in Australia**

Cancer is the most common cause of disease related death in Australian children. Every year, more than 950 children and adolescents are diagnosed with cancers, and nearly three will die from cancer every week. While 60 years ago cancer was a death sentence, and today 8 out of 10 children survive thanks to medical research, some cure rates for many childhood cancers have not improved significantly over this time. Additionally, at any one time in Australia, over 2000 children, adolescents and young adults are on active treatment for cancer, or at risk of relapse and in most cases, the treatments used are general, non targeted, cytotoxic drugs that are highly toxic to normal and cancer tissues alike. The side effects from their treatment can be serious and lifelong.



LIONS BIG BAND DATES

- 27th August 2021
- 24th September 2021
- 22nd October 2021
- 26th November 2021

LIONS MD 70th NATIONAL CONVENTION

DISCOVER THE SPARKLE



CROWN PERTH
THURSDAY 5th MAY to MONDAY 9th 2022
 60th Anniversary of Lions in Western Australia
 75th Anniversary of Lions in Australia

EARLY BIRD REGISTRATION FORM
\$10.00 DEPOSIT REQUIRED
 Early Bird Registrations will close 30th December 2021

PLEASE FORWARD PAYMENT WITH YOUR NAME (SURNAME IF CANNOT GIVE FULL NAME)
 TO BENDIGO BANK LIONS MD CONVENTION 2022
 BSB 633000 ACCOUNT NUMBER 183622844

Please email a copy of your registration form to Registrar, PO Box 435 Fremantle 6959 or email to margamm@live.com.au

LION CLIVE CARTLEDGE 2ND VICE PRESIDENT'S REPORT



2nd Vice President Clive responsibilities are as listed below and Lion Don McCarrol has asked that members that had these responsibilities last year, pick these up again this year, or at least until Lion "Crocodile" Clive returns.

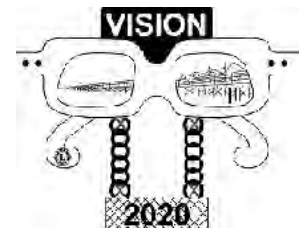
Dinner Meeting Setup
Club IT
Facebook
Club Website
Safety Officer
Marketing/Publicity
Club Visits
Christmas Cakes
Lions Foundations
Lions Mints
Recycling

Lion Stephen Cannon
Lion Rob Garratt
Lion Barry Mitting
Lion Rob Garratt
PDG Peter Lamb

Lion Dick Ingle
PCC Ian Kelly OAM

Lion David O'Leary

Lions Eye Health Program



You can't hide Clive we know where you are.

Have you found that elusive big nugget?

The photo, left, was taken at a Little Ripper Gold prospectors camp just east of Leonora. He looks a bit cold.

3RD VICE PRESIDENT'S REPORT

LION DES McLEAN MBE



After a meeting with President Lion Barry Simms, PCC Ian Kelly AOM and myself it was decided that the presentation of Tyson's car would take place on 15 August for a luncheon. Tyson's Mum has organised the buffet lunch for Sponsors and Visiting guests. Tyson will be presented with a large Replica of a SUZUKI key which is designed to give him incentive to pass his driver license test. Photos and a written report will be sent to the Mandurah Mail for inclusion in their next copy.

Club Social Activities	Lion Joyce Covell
Guest Speakers	Lion Evelyn Kelly
Bulletin	Lion Dave Knight
Christmas Eve Deliveries	PDG Garry Irvine
Community Welfare	Lion Joyce Covell
BBQ's General	PDG Peter Lamb
	Lion John Osborne
BBQ City Christmas Pageant	
BBQ Australia Day Breakfast	
BBQ Anzac Day Breakfast	
Halls Head Community Swap Meet	Lion David O'Leary
Santa Hire	?
Children of Courage	?
Grants	PDG Neil Saunders



As Tyson continues to improve his Mum has obtained a new walker type chair for him and has asked if Lions can find a suitable person in need of his other chair (see above) which is in as new condition.. She warned the cat might need to be forcibly removed as she thinks it is hers.



TYSON TRYING OUT THE SUZUKI

Left: Photo of Tyson trying out his Suzuki for size and as you can see he's over the moon, he's been reading the Suzuki Manual from front to back. I love the stand alone prosthesis near the driver's door. **Sunday 15th August 2021, at 11:30am, is the date for the hand over**

REMEMBRANCE CEREMONY 2021
WE REMEMBER LION LANCE WOODHEAD
AND FORMER LION RAY BLYTH

The Remembrance Ceremony was held on the 24th July, 2021 at the Lions Memorial Park, Bull Creek. It was attended by Anne Blyth and Coral Woodhead in remembrance of their respective husbands Ray & Lance. Those present from the Club, were PDG Peter Lamb, Lion Lamb Helen, PCC Ian Kelly OAM, Lion Evelyn Kelly, PCC Ambrose Depiazzi OAM, Lion Graham Bateman, Lion Joyce Covell, Lion Ruth Norwell, PDG Wally Barrett OAM & Anne Barrett. It was again, another beautiful day where we remembered two wonderful people who were two great lions.



UGH	LIONS CLUB OF BULL CREEK	LIONS C
IMS	IN MEMORY OF EILEEN VAUGHAN LIONS CLUB OF BULL CREEK	IN CHRISTG LIONS C
NTLE	IN MEMORY OF LANCE WOODHEAD LIONS CLUB OF MANDURAH	IN PDG LIONS C
REBI NTLE	IN MEMORY OF RAY BLYTH LIONS CLUB OF MANDURAH	IN CYRIL LIO EAS
IE NGHAM	IN MEMORY OF BRENTON SMITH LIONS CLUB OF CANNING CITY	IN DE LIO JANI
ITH THAM	IN MEMORY OF PAUL ALWARD WYNHAM LIONS CLUB OF CLAREMONT-NEDLANDS	IN JOYCE LIO JANI
ARD ENNETH	IN MEMORY OF MARGARET WOODRIDGE LIONS CLUB OF BULL CREEK	IN MARGARET LIO JANI

Above: Lion Denis O'Brian from the Bull Creek Lions Club addressing the crowd prior to introducing the District Governors from **Right below:** 20W1 DG Michael Wolf and **Right above:** 201W2 DG Stephen Berry who both then addressed the group of Lions and Lions partners present. Lance and Ray's memorial plaque has join other members and partners of the Lions Club of Mandurah and Lions from around the State on the Memorial seat



MEMBERSHIP CHAIRPERSON

Lion Ruth Norwell

A big welcome to Lions Trevor and Joy Cant who were inducted into the Lions Club of Mandurah by PCC Ian Kelly OAM at our dinner meeting held on the 27th July 2021.



Above: PCC Ian Kelly inducting our newest members Lions Trevor and Joy Cant, with sponsor, President Barry looking on.

Right: Our newest members Trevor and Joy Cant and their Sponsor, President Barry Simms



CLUB APPAREL

For all your club apparel see Lion Ruth, she is now the person handling these orders. So if you need any new shirts etc, just let her know.

BIRTHDAY GREETINGS

JULY

Lion Don McCarroll	2/7
Lion Graham Bateman	10/7
PDG Garry Irvine	20/7
Lion Bob Aurisch	22/7
Lion Rob Garratt	25/7



HAPPY BIRTHDAY

Years of Service Tabs for JUNE were presented to:

Lion Graham Madigan	48 years
Lion Paul Carrotts	43 years
Lion Evelyn Kelly	30 years
Lion Des McLean	11 years
Lion Brooke Arelette	9 years

**TERRIFIC EFFORT
WELL DONE**

Guest Speaker

Following discussions with Judi Lane from Perkins Institute, we (Ruth & I) have accepted her offer to be our Guest Speaker at the **2nd Meeting in October (26th October 2021)**. Please note your diaries, it will be an opportunity to invite some guests along to enjoy a presentation around the amazing work done at Perkins. As soon as we receive her Bio we will distribute that via the Club Bulletin.

PDG Garry Irvine

The Harry Perkins Institute of Medical Research conducts innovative research into the diseases that most affect our families in the WA community and the

THE LIONS CLUB OF MANDURAH'S CHANGEOVER DINNER AND INSTALLATION OF THE 2021/2022 BOARD OF DIRECTORS

A good time was had by about forty Lions, and Lions partners, who came together to celebrate the Lions Club of Mandurah's fiftieth changeover, A beautiful meal was prepared by our cook Carol, and her helpers. The proceedings were MC'd by PCC Ian Kelly with courses served, in between saw presentation made to worthy Lions by outgoing President John and the Installation of the 2021/22 Board of Directors by the Installation officer PDG Grant Hewett. Then finally we heard from our 2021/22 President Lion Barry Simms. Great night was had by all, who are looking forward to another successful Lions Year



Left: PDG Grant Hewitt was our Installation Officer for the evening and **Below:** Mandurah Lions and Partners enjoying the evening



Above: Left to right, PDG Grant Hewitt (Installation officer), Lion John Osborne (Outgoing President), his partner, Roz Osborne, Lion Barry Simms (Incoming President) and Lion Ann Simms



Left to Right: PDG Peter Lamb (Secretary, Lion Stephen Cannon (Lion Tamer), Lion David O'Leary (1st Year Director), Lion Joyce Covell (2nd Year Director), Lion Paul Carrotts (1st Vice President), PCC Ian Kelly (2nd Year Director), Lion Des McLean (3rd Vice President), Lion Ruth Norwell (Membership), Lion Rob Garratt (Treasurer), Lion Denice Knight (1st Year Director), PDG Garry Irvine (Tail Twister), Lion Barry Simms (President)

Absent Lion Clive Cartledge (2nd Vice President) Lion Brooke Arelette (Assistant Secretary), Lion John Osborne (Immediate Past President)

2020/2021 PRESENTATIONS

Immediate Past President Lion John Osborne then, had the pleasure of presenting awards, to some worthy and proud Lions. These Lions have been recognised for their contribution to the Lions Club of Mandurah and to the Lions Organisation



PCC Ian Kelly OAM presents the Australian Lions Foundation, 50 Year Medal with lanyard to PCC Ambrose Depiazzi OAM for achieving 50 years of Lion's service.

In our club PCC Ambrose, joins Lion Harald Lorek (55years) & PDG Garry Irvine (51years), in the 50 year club.

James D Richardson Honour Awards were presented to three Lions for their dedicated and continuous support of the Lions Club of Mandurah and Lions International.



Receiving their James D Richardson awards from Immediate Past President Lion John Osborne, Above left Lion Ruth Norwell, Above Centre: Lion Joyce Covell, Above Right: Lion Don McCarroll

Melvin Jones Fellows Awards were presented to three Lions, for their contributions over the many years of service that they have given, the Lions Club of Mandurah and to our great Lions organisation.



Receiving their Melvin Jones Fellow awards from Immediate Past President Lion John Osborne, Above left Lion Helen Lamb, Above Centre: Lion Dave Knight, Above Right: Lion Rob Garratt

It was 96 years ago that Helen Keller, appealed to all Lions to become KNIGHTS OF THE BLIND, by sponsoring the work of the American Foundation for the Blind.

Helen Adams Keller (June 27, 1880 – June 1, 1968) was an American author, disability rights advocate, political activist and lecturer. Born in West Tusculum, Alabama, she lost her sight and hearing after a bout of illness at the age of nineteen months. She then communicated primarily using home signs, until the age of seven when she met her first teacher and life-long companion Anne Sullivan, who taught her language, including reading and writing; Sullivan's first lessons involved spelling words on Keller's hand to show her the names of objects around her. She also learned how to speak and to understand other people's speech using the Tadoma method. **Tadoma** is a method of communication used by deaf/blind individuals, in which the deaf/blind person places their thumb, on the speaker's, lips and their fingers along the jawline. The middle three fingers often fall along the speaker's cheeks with the little finger picking up the vibrations of the speaker's throat. It is sometimes referred to as *tactile lipreading*, as the deaf/blind person feels the movement of the lips, as well as vibrations of the vocal cords, puffing of the cheeks and the warm air produced by nasal sounds such as 'N' and 'M'. There are variations in the hand positioning, and it is a method sometimes used by people to support their remaining hearing.

After an education at both specialist and mainstream schools, she attended Radcliffe College of Harvard University and became the first deafblind person to earn a Bachelor of Arts degree. She worked for the American Foundation for the Blind (AFB) from 1924 until 1968, during which time she toured the United States and traveled to 35 countries around the globe advocating for those with vision loss.

Keller was a prolific author, writing 14 books and hundreds of speeches and essays on topics ranging from animals to Mahatma Gandhi. Keller campaigned for those with disabilities, for women's suffrage, labour rights, and world peace. She joined the Socialist Party of America in 1909. She was a supporter of the NAACP and an original member of the American Civil Liberties Union. In 1933, when her book *How I Became a Socialist* was burned by Nazi youth, she wrote an open letter to the Student Body of Germany condemning censorship and prejudice.

The story of Keller and Sullivan was made famous by Keller's 1903 autobiography, *The Story of My Life*, and its adaptations for film and stage, *The Miracle Worker*. Her birthplace is now a museum and sponsors an annual "Helen Keller Day". Her June 27 birthday is commemorated as Helen Keller Day in Pennsylvania and, in the centenary year of her birth, was recognised by a presidential proclamation from U.S. President Jimmy Carter.

She was inducted into the Alabama Women's Hall of Fame in 1971 and was one of twelve inaugural inductees to the Alabama Writers Hall of Fame on June 8, 201

Helen Keller's Speech at 1925 International Convention

Cedar Point, Ohio, USA

June 30, 1925

Dear Lions and Ladies:

I suppose you have heard the legend that represents opportunity as a capricious lady, who knocks at every door but once, and if the door isn't opened quickly, she passes on, never to

return. And that is as it should be. Lovely, desirable ladies won't wait. You have to go out and grab 'em.

I am your opportunity. I am knocking at your door. I want to be adopted. The legend doesn't say what you are to do when several beautiful opportunities present themselves at the same door. I guess you have to choose the one you love best. I hope you will adopt me. I am the youngest here, and what I offer you is full of splendid opportunities for service.

The American Foundation for the Blind is only four years old. It grew out of the imperative needs of the blind, and was called into existence by the sightless themselves. It is national and international in scope and in importance. It represents the best and most enlightened thought on our subject that has been reached so far. Its object is to make the lives of the blind more worthwhile everywhere by increasing their economic value and giving them the joy of normal activity.

Try to imagine how you would feel if you were suddenly stricken blind today. Picture yourself stumbling and groping at noonday as in the night, your work, your independence, gone. In that dark world wouldn't you be glad if a friend took you by the hand and said, "Come with me and I will teach you how to do some of the things you used to do when you could see?" That is just the kind of friend the American Foundation is going to be to all the blind in this country if seeing people will give it the support it must have.

You have heard how through a little word dropped from the fingers of another, a ray of light from another soul touched the darkness of my mind and I found myself, found the world, found God. It is because my teacher learned about me and broke through the dark, silent imprisonment which held me that I am able to work for myself and for others. It is the caring we want more than money. The gift without the sympathy and interest of the giver is empty. If you care, if we can make the people of this great country care, the blind will indeed triumph over blindness.

The opportunity I bring to you, Lions, is this: To foster and sponsor the work of the American Foundation for the Blind. Will you not help me hasten the day when there shall be no preventable blindness; no little deaf, blind child untaught; no blind man or woman unaided? I appeal to you Lions, you who have your sight, your hearing, you who are strong and brave and kind. Will you not constitute yourselves **Knights of the Blind** in this crusade against darkness?

I thank you.

Helen Keller

LAYING IT ON THE LINE FOR CHILDHOOD CANCER

The Objective The objective is to raise funds for the Australian Lions Childhood Cancer Research Foundation by challenging the official Guinness Book of Records for the 'world's longest coin line'.

The Idea The idea is to raise \$250,000+ by creating the longest coin line in the world and making it into the Guinness Book of Records. The line would require to be 75.24km which requires a total of 11.5tonnes of 5 cent coins. So, it is not an easy task and a good deal of planning and marketing is required to achieve this goal.

The primary target market for the campaign are schools within the catchment areas of each Lions Club throughout Australia. It is essential that schools be approached and recruited by Lions Clubs to collect funds for the Longest Coin Line. The secondary target market consists of businesses and individuals that hear about the campaign and want to get involved.



The Proposal

The positioning statement for the campaign is 'Lay it on the line for Childhood Cancer' but another major selling point or enticement, especially for schools, is the opportunity to break a world record and get into the renowned Guinness Book of World Records.



To keep costs to a minimum we would recommend Clubs visit our website and utilise the following aids to communicate with the schools in their area. Whilst Lions/Leo Clubs are an integral part of this fundraiser for the ALCCRF, it is anticipated that schools around Australia are fundamental to its success. Clubs may access some of the following aids on the Lions Longest Coin Line website: <https://alccrf.lions.org.au/events>

- Opening letter to explain the objective and idea to school Principals.
- Information and material on how this initiative works and what is expected from the Club if they participate (selling the initiative to the clubs/schools)
 - Colour Poster for promotional use (downloadable from website)
 - Coin Line Challenge brochure (downloadable from website)
 - Coin Line NAB Bank details to enable online deposits.
 - Arrange drop-off points for schools to deliver coins on pre-determined days/time.
 - Utilise social media such as Facebook for promotional opportunities.
 - Target Amount \$250,000 to achieve this goal.

Due to the continuing restrictions and setbacks caused by COVID 19 in 2021, the Lions Coin Line committee has opted to make this

year's Guinness Book of Records attempt for the World's Longest Coin Line (75.24 km) – a virtual attempt. In this way, coins collected will be measured and virtually calculated to arrive at a measured meterage, with 85 km being the targeted distance to break the world record.

Childhood Cancer Research

This removes the necessity of having huge expenses such as manpower, venue hire, fork lifts, armoured cars etc. but opens the possibility of laying an active coin line in the future to secure the world record, hopefully in 2022.

The Australian Lions Childhood Cancer Research Foundation (ALCCRF) was formed 10 years ago with a belief that every child deserves a chance at a healthy life! The Trustees are Lions Club members from all over Australia who volunteer to find some of the best research programs throughout the country to work towards 100% survival of children with cancer. ALCCRF have funded over 12 major research projects and have partnered with the following:
 The Children's Hospital Westmead, Sydney Children's Hospital
 Randwick, Monash Children's Hospital, The Royal Children's Hospital
 Melbourne, Hudson Institute of Medical Research and Garvan Institute

of Medical Research over this 10-year period, during which time we have donated over \$10 million.

We have recently completed a world first Genome Sequencing project for kids with high-risk cancers. This project raised \$4,000,000 and has seen early successes with a number of children surviving that clinicians believe would otherwise have died. In November 2019, ALCCRF launched its latest project, which will see \$1.1 million research into immunotherapy treatments for children with cancer and will be undertaken at the Telethon Kids Institute in Perth. It is hoped this treatment will provide better outcomes and less harmful

side effects for children



Have a Laugh

A man and his wife were awakened at 3:00 am by a loud pounding on the door. The man gets up and goes to the door where a drunken stranger, standing in the pouring rain, is asking for a push.

"Not a chance," says the husband, "it is 3:00 in the morning!"

He slams the door and returns to bed.

"Who was that?" asked his wife..

"Just some drunk guy asking for a push," he answers.

"Did you help him?" she asks.

"No, I did not, it's 3 am in the morning and it's pouring with rain out there!"

"Well, you have a short memory," says his wife. "Can't you remember about three months ago when we broke down, and those two guys helped us? I think you should help him, and you should be ashamed of yourself! God loves drunk people too you know."

The man does as he is told, gets dressed, and goes out into the pounding rain.

He calls out into the dark, "Hello, are you still there?"

"Yes," comes back the answer.

"Do you still need a push?" calls out the husband.

"Yes, please!" comes the reply from the dark.

"Where are you?" asks the husband.

"Over here on the swing," replied the drunk..

Once upon a time, in a land far away, a beautiful, independent, self assured princess happened upon a frog as she sat, contemplating ecological issues on the shores of an unpolluted pond in a verdant meadow near her castle.

The frog hopped into the princess lap and said: "Elegant Lady, I was once a handsome prince, until an evil witch cast a spell upon me. One kiss from you, however, and I will turn back into the dapper, young prince that I am, and then, my sweet, we can marry and setup housekeeping in yonder castle with my mother, where you can prepare my meals, clean my clothes, bear my children, and forever feel grateful and happy doing so."

That night, as the princess dined sumptuously on a repast of lightly sautéed frog legs seasoned in a white wine and shallot cream sauce she chuckled to herself and thought: "I don't think so."

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A man who hadn't attended church in years suddenly began attending faithfully on Sunday mornings instead of going fishing as was his normal habit.

The pastor was highly gratified and at the end of service one morning told him, "How wonderful it makes me feel to see you at services with your good wife!"

"Well, Preacher," said the fisherman, "Quite honestly, it's a matter of choice. I'd much rather hear your sermon than hers."



# LIONS EVENTS CALENDAR

| MONTH     | DATE       | EVENT                                        |
|-----------|------------|----------------------------------------------|
| AUGUST    | 3/08/21    | Board meeting                                |
|           | 7/08/21    | Recycling Saturday                           |
|           | 10/08/21   | Dinner Meeting                               |
|           | 15/08/21   | <i>Halls Head Community Swap Meet BBQ</i>    |
|           | 24/08/21   | <i>Dinner Meeting</i>                        |
| SEPTEMBER | 3-5/09/21  | <b>DEFERRED</b> Anzi Pacific Forum CAIRNS    |
|           | 4/09/21    | Recycling Saturday                           |
|           | 7/09/21    | Board meeting                                |
|           | 14/09/21   | Dinner Meeting                               |
|           | 28/09/21   | <i>Dinner Meeting</i>                        |
| OCTOBER   | 2/10/21    | Recycling Saturday                           |
|           | 5/10/21    | Board meeting                                |
|           | 8-10/10/21 | 2021/22 District 201W2 Rockingham Convention |
|           | 12/10/21   | Dinner Meeting                               |
|           | 26/10/21   | <i>Dinner Meeting</i>                        |
|           | 31/10/21   | <i>Halls Head Community Swap Meet BBQ</i>    |



**B.G's Honey**  
 Registered Bee Keeper RG7  
 0850 988 994  
 I press the honey out of the comb. Then a coarse screen to remove large particles. The honey is not heated or filtered. It contains POLLEN and PROPOLIS. The honey will appear grainy just how it should be RAW.  
 lgshoney2@gmail.com

**Raw Cold Pressed**



**LIONS CLUB OF HARRISDALE PIARA WATERS**

Invites you to their

**CHARTER CELEBRATION**

Light Lunch with Finger Food

Saturday 14th August 2021  
 12.15 for a 12.45 start

Novelli Pavillion, Novelli Pde,  
 Piara Waters

Cost: \$20.00 per person

RSVP 11th August 2021  
 harrisdalel@ gmail.com

CLUB DONATION  
 BSB, 653 000  
 ACCOUNT: 179 066 913

**Rockingham Lions Happy Feet Convention 2021/22**  
**Gary Holland Community Centre, 19 Kent Street, Rockingham**  
**8 - 10 October 2021**

President: Hazel Masters

Conference Chair: Rob Dedman

NEWSLETTER ISSUE #1 MAY 2021

Welcome to the first edition of the 2021/22 Conference Newsletter. In this issue you will find details of the Conference Venue and the methods of Registration for the Conference. We will keep you regularly updated on all aspects of the Conference. The next issue will contain information on a range of accommodation venues, together with a list of nearby restaurants that you can book for dinner on the evening of Saturday 9<sup>th</sup> October 2021. Meanwhile if you want Hotel accommodation, please contact Quest Apartments on (08)9591 0600.

**THE CONFERENCE VENUE**

The venue for the Conference is the Gary Holland Community Centre, 19 Kent Street, Rockingham. It is an excellent venue comprising a main hall with a capacity of 350, exhibition space and meeting rooms. There is ample parking behind the Community Centre, entry to which is to the west side of the building in Kent Street. There is also parking at the Rockingham Village Green, entry to which is from Kent Street or Patterson Road. The venue is close to accommodation and restaurants.

**REGISTRATION FOR THE CONFERENCE**

Please register via the Conference Registration Google Form by clicking on the link below. Either click on the link with a simple left click, or by a right click and select 'Open Hyperlink'.

<https://forms.gle/iRkV8RCEgh6iLUY28>

If you prefer, a printable version of the Conference Registration Form can be found on the next page.

For any further queries please contact the Organising Committee on either of the following links using the same 'click' procedure as above:



[lionsconvention2021@gmail.com](mailto:lionsconvention2021@gmail.com) or [seclionsrockingham@yahoo.com.au](mailto:seclionsrockingham@yahoo.com.au)



2021/22 DISTRICT 201W2  
 ROCKINGHAM CONVENTION  
**REGISTRATION FORM**  
 GARY HOLLAND COMMUNITY CENTRE  
 8 – 10 OCTOBER 2021



Title \_\_\_\_\_ First Name \_\_\_\_\_ Family Name \_\_\_\_\_

**Partner**

Title \_\_\_\_\_ First Name \_\_\_\_\_ Family Name \_\_\_\_\_

*If partner is a Lion, Lioness or Leo, please register on a separate form.*

Address Street \_\_\_\_\_

Town/Suburb \_\_\_\_\_ State \_\_\_\_\_ Post Code \_\_\_\_\_

Phone (home) \_\_\_\_\_ (work) \_\_\_\_\_ (mobile) \_\_\_\_\_

Club \_\_\_\_\_ District \_\_\_\_\_ 1<sup>st</sup> Conventioneer Yes / No

Email address: \_\_\_\_\_

**CLOSING DATE FOR REGISTRATIONS 23<sup>RD</sup> SEPTEMBER 2021**

A 'Catering Package' can be selected **OR** individual Morning and Afternoon Teas and Lunches. Sunday Breakfast is by donation.

| DAY                           | FUNCTION                                                                                 | NUMBER OF PEOPLE | COST EACH   | TOTAL     |
|-------------------------------|------------------------------------------------------------------------------------------|------------------|-------------|-----------|
| Sat/Sun                       | Catering Package (includes morning and afternoon tea and lunch both Saturday and Sunday) |                  | \$85.00     | \$        |
| <b>OR</b>                     |                                                                                          |                  |             |           |
| Saturday                      | Morning Tea/Coffee                                                                       |                  | \$12.50     | \$        |
| Saturday                      | Formal Banquet Lunch                                                                     |                  | \$65.00     | \$        |
| Saturday                      | Afternoon Tea                                                                            |                  | \$12.50     | \$        |
| Sunday                        | Morning Tea                                                                              |                  | \$12.50     | \$        |
| Sunday                        | Lunch (sandwiches and a drink)                                                           |                  | \$10.00     | \$        |
| Sunday                        | Breakfast (by donation – please still indicate how many people requiring breakfast)      |                  | by donation |           |
|                               | Convention Pin                                                                           |                  | \$6.00      |           |
| <b>TOTAL PAYMENT ENCLOSED</b> |                                                                                          |                  |             | <b>\$</b> |

Please advise any dietary requirements: \_\_\_\_\_

**FORWARD COMPLETED REGISTRATION FORM AND PAYMENT TO:**

Email  
**lionsconvention2021@gmail.com**

Post  
**Convention Registrar  
 Rockingham Lions Club  
 PO Box 391, ROCKINGHAM WA 6168**

Direct Deposit  
 Account Name: **Lions Club of Rockingham**  
 Bank: **Bendigo**  
 BSB: **633-000**  
 Account: **154968259**  
 Reference: **(please put your name)**

Cheque  
 Payable to:  
**Lions Club of Rockingham**







**DAVE KNIGHT**  
**BULLETIN EDITOR**



MYALUP PINES

## BULLETIN DEADLINE

The publication date for the monthly bulletin is the first club meeting of each month.

Articles and reports need to be in to the Editor by the end of the previous month, you will be reminded by Email

Articles received after this date, may not be accepted.

**IT'S YOUR BULLETIN**, so I will look forward to your contributions.

**Dave Knight**      **0400199840**

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*“A true friend is someone that,  
Understands your past,  
Believes in your future,  
And accepts you today just the way you are.”*



**Have you asked the question?**





## WA LIONS HALL OF FAME

Dear Lions Club President.

A Joint Project of Lions Districts 201W1 & W2 Chairman PDG Colin Heap  
Nominations are now open for this year's WA Lions Hall of Fame. Please consider nominating someone worthy from your club or another Lions

club.

To be eligible, the person must be a current Lion in your Club or a member of another Lions Club anywhere in Western Australia. We are looking for Lions who have made a significant contribution to their community and Lions over a number of years.

A nomination fee of \$115.00, used to offset the costs of Certificates and meals, for the new Nominees, should be included with the Nomination Form (attached) and sent to

The Secretary, WA Lions Hall of Fame Committee, 50 Brain Street, MANJIMUP, WA, 6258. Direct credits may be made to 201W2 Administration Account, WESTPAC BANK, BSB 036 022, ACCOUNT# 461371. PLEASE USE CLUB NAME AS A REFERENCE.

In keeping with the significance and prestige of this award, only up to 3 people will be inducted this year. Further Inductees will be admitted in coming years.

If your Club nominated a Lion in the previous 2 years then you do not need to re-nominate them this year. They are automatically eligible again this year.

A copy of the Nomination Form is also available on the Hall of Fame web site.

<http://201w1.lions.org.au> or <http://201w2.lions.org.au> and select WA Lions Hall of Fame. The form is printable and once completed can be attached to an email to [jcbdsdorothy@gmail.com](mailto:jcbdsdorothy@gmail.com).

Nominations must be received by 5.00pm on the 31st August 2021 to be considered.

A Black Tie Dinner will be held on **Friday 5th November 2021**, to announce the inductees into the WA Lions Hall of Fame. The venue will be the **Parmelia Hilton Hotel**, Hill St, Perth at 7.00pm for 7.30pm. Cost of the Dinner will be \$95.00. (No charge for NEW Nominees). Further details relating to the Dinner will be advised to clubs in September.

Nominations are open to all Lions in Western Australia and are being sought from Clubs in both W1 and W2.

We look forward to receiving one or more Nominations from your Club.

It is now your opportunity to recognise a deserving member of your Lions Club.

Yours in Lions,

PDG Colin Heap

Chairman WA Lions Hall of Fame Committee Home: (08) 9306 8497

Mobile: 0417 898 394

Email: [colin\\_heap@bigpond.com](mailto:colin_heap@bigpond.com)

**NOTE:** Please forward all Nominations to IPDG Dot Jacobs, 50 Brain Street, MANJIMUP, WA, 6258 or [jcbdsdorothy@gmail.com](mailto:jcbdsdorothy@gmail.com).



## Common Lions risks & ways to control them

### SLIPS, TRIPS AND FALLS

There is always a risk of slips and falls where food and beverages are prepared and served. These can be caused by cluttered walkways, poor lighting or busy work areas.

- Ways to control hazards
  - **Clean up spills and dropped food immediately.**
  - Erect warning signs if floors are freshly mopped.
  - Use floor cleaning products that remove oil and grease.
  - Minimise moisture build-up on floors.
  - **Cover normal flooring with a non-slip material (if possible) or use non-slip mats.**
  - **Wear non-slip shoes.**
  - **Keep walkways free of clutter.**
  - Replace steps with ramps.
  - **Restrict the number of people entering the kitchen** (for example, install a servery between the kitchen and dining room).
  - Install adequate lighting, especially in delivery and storage areas.
- **Install roofing in the unloading area to keep rain off.**
- **Design the delivery area so unloading is done as close as possible to the storage area.**

# Lap the Map in November 2021

**On Saturday 14 November 2021**, we are calling for Australians to 'Lap the Map' for diabetes prevention.

Lions Clubs across the country will be hosting family friendly walks and community events to promote healthy lifestyle and raise awareness of the Diabetes epidemic in Australia.

Lions will be engaging with local groups and experts to provide information on diabetes at these events. Clubs will be reporting the length of their 'Lap the Map' walks, and we are aiming to move a combined distance that exceeds Australia's circumference (25,760 kms).

You can [add the details of your local 'Lap the Map' event by simply clicking and pinning an event on our interactive map!](#)

'Lap the Map' is one important part of our overall mission to reduce the prevalence of diabetes in Australia this year. Type 2 Diabetes represents 90% of all cases of diabetes, and can be prevented or delayed in more than half of these cases through making healthy lifestyle choices:

- Regular physical activity
- Maintaining a healthy weight
- Making healthy food choices
- Managing blood pressure
- Managing cholesterol levels
- Not smoking.

It doesn't matter how far you walk or run, it's about being involved, getting active and moving together on this critical national project.

Fast facts:

- Diabetes is recognised as the world's fastest growing chronic condition.
- One in 11 adults has diabetes (415 million)
- 12 per cent of global health expenditure is spent on diabetes (USD\$673 billion)
- Every six seconds a person dies from diabetes (5.0 million deaths)
- You can check how many diabetics live in your community with this interactive map – <https://map.ndss.com.au/#/>

Lions across Australia are committed to doing what we can to raise awareness and increase education around diabetes prevention and promote healthier living.

Many of us know someone with diabetes and understand the impact it has on quality of life, so we encourage all Lions, Leos, friends, and family to join in our Lap the Map events on Saturday 14 November.

You will enjoy a great day out and participate in a wonderful opportunity for Lions Australia to benefit your community and raise awareness around how we stop the spread of diabetes nationally. We also encourage attendees to post photos or videos participating in Lap the Map walks and use the hashtag #Lionslapthemap to help spread the message to as many people as possible.

[Get involved in the day and share on our Facebook Page](#)

If you club is holding a Lap the Map event, you can download [this flyer](#) to let everyone know the details